### **Important Phone Numbers for** residents

Management:
Maintenance:542-5888
Activities & Bus Reservation272-1118
Service Coordinator882-7195
Recertification Clerk581-3880

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The corporate office is interested in collecting just the names of the insurance companies that residents have so that they could possibly use the information for programs down the road. The information is strictly voluntary and resident names would not be included. Call Maria Elias at 882-7195 if you are willing to offer what type of insurance you have for the tally.

#### **Service Coordinator Hours**

If possible, please let Maria know if you will be in the hospital and the reason for the stay in case you may need assistance upon your return home.

If you need to talk with Maria Elias, the social worker for the 5 Cincinnati Affordable Living Properties, her office hours are:

Elberon: 12:30-4:30, Mondays St. Pius Place: 12:30-4:30, Tuesdays & Thursdavs Forest Square & Woodburn Pointe: 12:30

-4:30 p.m., Wednesdays

Paul Village: 8-11 a.m., Monday-Friday

Residents are reminded that rent checks must be postmarked by March 5<sup>th</sup> to avoid late fees.

## **Bus Policies**

If you care to go on a bus trip, you must call Chris at 272-1118 the business day (4 p.m.) prior to the trip. The fee is \$1 payable to the driver. If for any reason you need to cancel, always call Chris. Sometimes we have a waiting list for a trip, and be considerate of other passengers who may want to go. The time of the trip is the time the bus is scheduled to leave the parking lot. Therefore, arrive at least 15 minutes prior to departure to allow ample time for loading wheelchairs and walkers.

If you have questions regarding these bus policies, please call Chris Lemmon, Activities Director and Volunteer coordinator for Affordable Living, at 272-1118.



Episcopal Retirement Services offers its residents a weekly shopping trip to buy aroceries and supplies. But sometimes our bus schedule does not fit

#### vour needs.

Senior Independent Transportation offers rides Monday-Friday 8 a.m.-4 p.m. by calling in advance, 513-721-0375 and rates vary depending how many miles are traveled and the wait time. This is not an offering of Episcopal Retirement Services, it's simply information we are passing along to our residents. Their flyer is on the bulletin board. Please do not remove it.



# March 2016

**BUS TRIPS & ACTIVITIES:** All bus fares are \$1. Please indicate if you're bringing a wheelchair or a walker. The following trips are offered in March You need to call Chris at 272-1118 by 4 p.m. the business day before each trip to assure a seat on the bus. These trips are with multiple properties, so seating is not a guarantee. Residents traveling on the bus in their wheelchair are expected to unbuckle their own seatbelt. The times listed below are the times that the bus leaves the parking lot. If you are taking a wheelchair or walker, arrive minimally 15 minutes ahead of time to allow time to board all passengers on the bus.



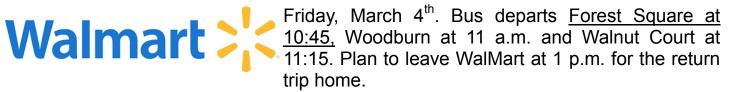
Monday prior (4 p.m.) 272-1118.

Did you know you can dine at Kroger Market Place? Most meals are less than \$7/person and include chicken dinners, sushi, pizza, assorted sandwiches and burritos. Kroger Market Place isn't just for shopping anymore! Coordinate your neighbors and make this a lunch out!

Hyde Park Plaza Shopping Trips: Wednesdays, March 9<sup>th</sup> and 23<sup>rd</sup>. Bus departs Forest Square at 9:30. Stores include Kroger, Remke Biggs, U.S. Post Office, Staples, Snooty Fox, Ace Hardware Michael's JoAnn Fabric, and various restaurants. Call Chris the Tuesday prior (4 p.m.) 272-1118.



Krohn Conservatory Spring Flower Show: Friday, March 3rd, bus departs St. Paul Village at 9:15; Forest Square at 9:40 and Walnut Court at 10 a.m. Get a taste of spring and take a tour of the Krohn Conservatory. Departing Krohn at 11:30 a.m. Cost is \$1 for the bus ride and \$4 admission payable to Krohn when you arrive.



Forest Square is a residential community of Episcopal Retirement Services



COMMANY Oakley Station Shopping Trips: <u>Tuesdays March 1<sup>st,</sup></u> <u>15<sup>th</sup>, and 29<sup>th</sup></u> bus departs Forest Square at 1:30 p.m. CENTER OF CINCINNATI Fresh Thyme, Dollar Tree, and Target. Call Chris the



Horseshoe Casino: Monday, March 7<sup>th,</sup> bus departs St. Paul Village 10 a.m.; Woodburn 10:15; Forest Square, 10:30 and Walnut Court at 10:45 a.m. You'll have time for gaming, people watching, or lunch at their buffet. Bus departs the Casino at 2 p.m.

Freestore Foodbank bus trip. Friday, March 11<sup>th</sup>. The bus will pick up Forest Square residents at 9:30 a.m.. Please notify Maria if you need to cancel your reservation for the bus. Bring your I.D. with you. Call Maria to reserve a seat on the bus: 882-7195.



Lunch at Texas Roadhouse (7860 Montgomery Road in Kenwood) on Friday, March 11<sup>th</sup>. The bus departs Forest Square at 12:30 and St. Paul Village at 1 p.m. Plan to leave the restaurant by 3 p.m.

**Dinner out** Thursday, March 17<sup>th</sup> with the bus departing and St. Paul Village at 4:30 p.m. and Forest Square at 5 p.m. Six seats will be set aside for Forest Square residents, so call for your bus reservation early. We'll be going to The Farm Restaurant located at 239 Anderson Ferry Road in Delhi Township. They have their \$13.95 buffet which includes Barbecued Baby Back Ribs, Fried Chicken, Homestyle Meatloaf, Spaghetti & Meatballs, Potato, Vegetable, Salads, Rolls, Soft Drinks, Milk, Coffee, Tea, and Dessert. The price includes the tax and tip.



**Lunch at Golden Corral** on Wednesday, March 30<sup>th</sup> with the bus departing St. Paul Village at 12:30; Forest Square at 12:50; El-**CORCEL** beron at 1:15; and St. Pius Place at 1:40 p.m. Senior Discounts apply 2-4 p.m.

PANCAKE BREAKFAST, 9:30-10:30 a.m. Thursday, March 24<sup>th</sup>



Please sign up on the bulletin board across from the office.

**Maintenance**: When you dispose of grease, please put it in a can or bag in the garbage can. The grease clogs up the drains when it is put in the sink.



### Happy birthday to the following Forest Square residents

JoAnna Johnson, Apt. 102, March 23 Ida Marie Jeter, Apt. 104, March 25

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The Better Business Bureau will present "Frauds & Scams" on Monday, March 21<sup>st</sup> from noon-1 p.m. in St. Paul Village Dining Room. Sandra Guile will teach residents how to watch out for schemes, scams, and frauds and learn how to keep identities and personal accounts safe and be more aware of what is out there. To Cost for lunch is \$1 payable at the door.

Seating is limited to the first 18 passengers (you can drive yourself to St. Paul Village also). The bus leaves Elberon at 10:10; St. Pius Place at 10:30; Forest Square at 11 a.m.; Walnut Court at 11:25 a.m. and Woodburn at 11:45 a.m. reserve your seat on the bus, call Chris at 272-1118 before Friday, March 18<sup>th</sup> at 4 p.m.



The bus picks up St. Pius Place at noon, Walnut Court at 12:30p.m. and Forest Square at 12:45 p.m. and Woodburn at 12:55 p.m.

Menu: Ham & cheese on croissants or chicken salad on croissants, chips and potato salad. Assorted desserts.

Entertainment featuring John Walsh, solo guitarist and vocalist, mixes up the styles between Classic Jazz and Classical Guitar to Folk, Rock, and Appalachian favorites there's sure to be something for everyone. Cost is \$1, but you must call Chris at 272-1118 to reserve a lunch. No tickets will be sold at the door. Limited seating on the bus, so call early!

**Right Now Mobility** will be at Forest Square on Wednesday, March 2<sup>nd</sup> at 1 p.m. to present on the services available with the company such as medication management, lifts for scooters and wheelchairs, ramps and more. To assure enough refreshments, please sign up if you plan to attend.

Welcome new resident Rev. Simon Perkins, Jr. who just moved into Forest Square. If you see him in the hall, please invite him to coffee hour, the pancake breakfast or on one of our many bus trips.

**Congratulations** to Wellness Coordinator, Caroline Rapier and her husband, Mike on the birth of their daughter, Audrey Marie, born February 15<sup>th</sup> weighing 9 1/2 pounds!



Permakil will be at Forest Square Apartments approximately 3:45 p.m. on Tuesday, March 8<sup>th</sup> to inspect Apartments 301-306 and on March 22<sup>nd</sup> to inspect Apartments 101-108. Please make sure you are home. Remember to notify management if you see any signs of pests in your apartment or common areas.

Did you know the biggest attraction for critters is food? Please be conscientious when taking your garbage to the dumpster. Sometimes it may be necessary to take some extra steps to place it in the back of the dumpster when it is full. If you drop something, be courteous and pick it up.



Help conserve energy! If you are the last one to leave the community room or first-floor restroom, please take a moment and turn off the lights and the television. Remember to join us for coffee hour 8:30-10 a.m. in the community room. This is a great way to meet your neighbors!

#### Easter Party, Monday, March 28<sup>th</sup> 1-2:30 p.m. at

#### St. Paul Village Dining Room