

Line Dancing w/ Whitney

HAS BEEN CANCELED UNTIL APRIL

Please make sure you sign up on the sign-up sheets outside the office.

Info Table

Stop by our info table to pick up March Recipes:

Baked Buffalo Chicken Dip; Seven Layer Taco Dip; Buffalo Chicken Wings; Braised Corned Beef Brisket; Irish Cream Crème Brulee; Cream Cheese Sugar Cookies

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Monthly Crafts with DeAnna

Saturday, March 9th starting at 11:00am

Please sign up by March 1st.

Additional sign ups will not be accepted after March 1st.

Message from Community Manager

Hello Residents!

Here we are in March! Time truly does fly by! It seems like only yesterday it was January!

March is the turn of a new season where the icy snow melts to give us new plants and flowers. Like a rebirth of the Earth. When I think of Spring it reminds me of starting over. Taking what I've learned before and applying to my present in order to insure a blessed future.

Around this time of the year I like to reflect as well as Spring Clean—a great way to let go of things that were most likely bringing me down. When I am Spring Cleaning I bag up clothes, shoes, coats that I cannot fit or just do not wear as often. I then give them to family members or donate them to St. Vincent DePaul. I love knowing that someone in need will be able to use them.

Go through your closets, baskets and boxes and see if there is something you could do without and give to someone in need.

Central Parkway Place Staff
Community Manager: Whitney Tidwell, 513-381-4193
Service Coordinator: Ann Patterson, 513-218-5237
Maintenance: 513-542-5888

March Service Coordination Info

Note from Ann: A reminder that I am available for any resource, benefit, or paperwork questions you may have. I am available in person on Wednesdays and throughout the work week via phone. If you need assistance, I encourage you to call me directly at 513-218-5237. Thank you!

Blood Pressure Clinic with RN Jen from Interim HealthCare

Wednesday, March 13 from 1:00-2:00
Wednesday, March 27 from 1:00-2:00

Info Session & Refreshments with SeniorWell

Wednesday, March 6 at 1:00 pm

SeniorWell is a provider of on-site healthcare in senior living communities. The services include dental, optometry, podiatry, audiology, and eventually counseling services. Consumer's insurance is billed for services. Please sign up if you plan to attend the info session – all are welcome!

Chair Yoga Class with Tami

Wednesday, March 20 at 2:00 pm

Health Talk: Topic to be Determined

Wednesday, March 27 at 2:00 pm

Join RN Jen from Interim HealthCare to learn about a health care related topic. The topic for March will be determined at February's health talk. Stay tuned for more details.

Who Knew???

Lego is the largest tire manufacturer in the world. Canadians say "sorry" so much that The Apology Act was passed in 2009, declaring that an apology can't be used as evidence of admission of guilt. Amelia Earhart and Eleanor Roosevelt once ditched a White House dinner party to go on a joyride flight to Baltimore. A writer predicted how the Titanic would sink in 1898, 13 years before it was even built.

I'm a great believer in *luck*, and I find the harder I work, the more *luck* I have.

-Thomas Jefferson

Resident meeting will be on Tuesday, March 12th at 2pm

If you have anything you wish to be discussed, please complete the form in the newsletter and drop off to the office.

Pest Control: Any resident who has bed bugs, please let staff know immediately so the proper treatment can be done to get rid of them.

Pest Inspection for 8th and 9th floors on Thursday, March 14th starting at 9:00am.

It is extremely important to contact the office if you are experiencing any insect concerns.



Happy Birthday!!!

Please help us celebrate the following Birthdays: Jeffrey Jones, Lawrence Hill, Linda Malveaux, Daren Ward and Patricia Brown

ALL residents welcome!

Monday, March 18th at 2:00pm—Resident Birthday Party with

Christ Church Cathedral

Cake and ice cream will be served. ALL RESIDENTS ARE INVITED!

Please sign up.

Life Enrichment Trip Details

Thursday, March 7th

Senior Prom at St. Paul Village

Pick up 5:30pm

Drop off 8:30pm

The bus fills up quickly for this trip, please call early. Cost is \$1 (pay the driver for your ticket) + \$1 bus fare. Serving a light supper, door prizes, dancing with a DJ and crowning of a King and Queen.

Friday, March 22nd

Cincinnati Art Museum

Free Admission but pack a snack.

Whitney will be out on:

Wednesday, 27th from 9:30am to 1:30pm for Self Defense Training



March 2019

Bus Policy: If you choose to take a bus trip, please call 513-431-9767. Leave your name, property, and phone number on the message. State what trip you are taking and if you're bringing a walker or wheelchair. Bus Fee is \$1, payable to driver. The driver carries no change.

Deadline for a reservation is 4 PM on the business day prior to the trip.
Calls after this time will not be processed.

Thursday, March 7th: Walmart/Kroger-Western Hills Pick up at 12:30pm. Drop off at 3:25pm

Thursday, March 7th: Senior Prom at St. Paul Village Pick up at 5:30pm. Drop off at 8:30pm

Thursday March 14th: Kroger/Meijer-Oakley Station Pick up at 1:00pm. Drop off at 3:10pm

Friday, March 15th: Free Store Foodbank Pick up at 1:45pm. Pick up from Free Store at 3:00-3:15pm. If you have not previously visited the Free Store, please make sure you are pre-registered before going by calling Service Coordinator, Ann Patterson at 513-218-5237.

Thursday, March 21st: Corryville Kroger/Walgreen's Pick up at 9:40am. Drop off at 12:30pm

Friday, March 22nd: Life Enrichment Trip: Cincinnati Art Museum Pick up at 10:45am. Drop off at 2:15pm

Thursday, March 28th: Kroger/Meijer-Oakley Station Pick up at 12:45pm. Drop off at 3:10pm