

Line Dancing w/ Whitney

Reviewing and adding new dances:

Whiskey Song & Booty Call

Please make sure you sign up on the sign-up sheets outside the office.

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Info Table

Stop by our info table to pick up May Recipes:

Awesome Pasta Salad; Sweet Restaurant Slaw; Baked BBQ Baby Back Ribs; Slow Cooker Texas Pulled Pork; American Flag Cake and Apple Spice Dump Cake

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Monthly Crafts with DeAnna

Saturday, May 18th starting at 11:00am

Please sign up by May 11th.

Additional sign ups will not be accepted after May 11th.

Message from Community Manager

Hello Residents!

April showers have brought May flowers; however, being in Cincinnati it rains all year round! This month we celebrate Memorial Day. A day where we thank all the men and women who have fought or are continuing to fight for our country.

This month we remember those who have lost their lives to fight for our freedom! Whether you are a veteran or know someone who is—take some time out to first thank them for their service, but also wish them many blessings as they might be missing for friends or family that were lost on the field of battle.

For all my veterans—THANK YOU FOR YOUR SERVICE TO THIS COUNTRY! IT’S BECAUSE OF YOU THAT THE REST OF US HAVE THE FREEDOM TO FORGE OUR OWN DESTINIES AND CREATE OUR OWN SUCCESSES!

OUR FLAG FLIES BECAUSE OF YOU!

Whitney ~ Community Manager

**Central Parkway Place Staff**  
Community Manager: Whitney Tidwell, 513-381-4193  
Service Coordinator: Ann Patterson, 513-218-5237  
Maintenance: 513-542-5888

May Service Coordination Information

**Note from Ann:** I am available in person on Wednesdays and throughout the work week via phone. If you need assistance, I encourage you to call me directly at 513-218-5237. Thank you!

Blood Pressure Clinic with RN Jen from Interim HealthCare

Wednesday, May 8 from 1:00-2:00

Wednesday, May 22 from 1:00-2:00

Health Talk: Healthy Entrée Recipes w/ Samples

Wednesday, May 22 at 2:00 pm

Join RN Jen from Interim HealthCare to learn about healthy main dishes. Samples will be provided.

Chair Yoga Class with Tami

Wednesday, May 29 at 2:00 pm

\*\*We would love to have more regular attendees for Chair Yoga. Please join us. All residents are welcome!\*

Budget Talk & Lunch at St. Paul Village

Friday, June 14 at 12:00 pm

CPP residents are invited to attend a presentation on Budget Basics and Lunch at St. Paul Village. The presentation will be given by Apprisen, a non-profit that assists with budgeting information and management of finances. Lunch will cost \$1.

**We are gathering resident interest to make sure there are enough residents who want to attend from CPP.**

**If so, we will provide ERS transportation for \$1 to and from the event. If you plan to attend, please sign up on the sign-up sheet outside the office before Monday,**

**May 13.** If you have any questions, please contact Ann.

**Who Knew???**

T-shirts were originally marketed to unmarried men who didn't know how to sew buttons back on collared shirts by themselves. All colors of Fruit Loops have the same flavor. Sea otters have a pouch under their forearm to store their favorite rocks.

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Our flag does not fly because the wind moves it. It flies with the last breath of each soldier who died protecting it.

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**Resident meeting will be on Tuesday, May 7th at 2pm**

If you have anything you wish to be discussed, please complete the form in the newsletter and drop off to the office.

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**Pest Control:** Any resident who has bed bugs, please let staff know immediately so the proper treatment can be done to get rid of them.

**Pest Inspection for 6th and 7th floors on Thursday, May 9th starting at 9:00am.**

**It is extremely important to contact the office if you are experiencing any insect concerns.**



**Happy Birthday!!!**

**Please help us celebrate the following Birthdays: James Woolley, Betty Reynolds, Janice Skurow, Dorothea Dudley, Dennis Hill, Blake Best, and Jeffrey Edmonds**  
**ALL residents welcome!**

**Monday, May 20th**  
**at 2:00pm—Resident Birthday Party with**  
**Christ Church Cathedral**  
**Cake and ice cream will be served.**  
**ALL RESIDENTS ARE INVITED!**

Please sign up.

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**Life Enrichment Trip Details**

**Monday, May 13th**

**Amish Country Trip:**  
**Keim Family Market & Miller's Bakery & Furniture**

*Pick up 9:30am*

*Drop off 3:45pm*

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Whitney will be out of the office on:  
Wednesday, May 8th from 11:30a-4pm  
Tuesday, May 14th  
Wednesday, May 15th  
Monday, May 27th



**May 2019**

**Bus Policy:** If you choose to take a bus trip, please call 513-431-9767. Leave your name, property, and phone number on the message. State what trip you are taking and if you're bringing a walker or wheelchair. Bus Fee is \$1, payable to driver. The driver carries no change.

**Deadline for a reservation is 4 PM on the business day prior to the trip.**  
**Calls after this time will not be processed.**

**Thursday, May 2nd: Walmart/Kroger-Western Hills** Pick up at 12:30pm.  
*Drop off at 3:25pm*

**Thursday, May 9th: Kroger/Meijer-Oakley Station** Pick up at 1:00pm.  
*Drop off at 3:10pm*

**Friday, May 10th: Free Store Foodbank** Pick up at 1:45pm.  
*Pick up from Free Store at 3:00-3:15pm.* If you have not previously visited the Free Store, please make sure you are pre-registered before going by calling Service Coordinator, Ann Patterson at 513-218-5237.

**Monday, May 13th: Life Enrichment Trip: Amish Country** *Pick up at 9:30am.*  
*Drop off at 3:45pm*

**Thursday, May 16th: Corryville Kroger/Walgreen's** Pick up at 9:40am. *Drop off at 12:30pm*

**Thursday, May 23rd: Walmart/Kroger-Western Hills** Pick up at 12:30pm.  
*Drop off at 3:25pm*

**Thursday, May 30th: Kroger/Meijer-Oakley Station** Pick up at 12:45pm.  
*Drop off at 3:10pm*