



Gluten Free Therapeutic Meals

Site	Senior's	
Phone	Name	
Received	Delivery	
Date	Day:	Week
# of	Delivery	
Meals	Date:	Route

NOTE: ALL Therapeutic meals require a doctor's order.
Please send in your orders 1 week before you need delivery

Each Meal includes 1 Half Pint of 1% Milk

<p>Chicken Tikka Masala (spicy) w/ Brown Rice, Broccoli, Carrots, Applesauce, and White Cheddar Popcorn</p>	
<p>Fried Egg & Turkey Sausage, Red Skin Potatoes, Green Beans, 100% Orange Juice, Gluten Free Bread, and Margarine</p>	
<p>Grilled Chicken Breast, Green Beans, Squash, Pears, Gluten Free Bread, and Margarine</p>	
<p>Hamburger Patty, Potato Wedges, Broccoli, Pineapple, and Gluten Free Bread</p>	

<p>Hawaiian Pineapple Ham, Peas, Mashed Sweet Potatoes, Peaches, Gluten Free Bread, and Margarine</p>	
<p>Smoked Turkey Sausage w/ Sauerkraut, Mashed Potatoes, Green Beans, Pineapple, and Gluten Free Bread</p>	
<p>Swiss Steak w/ Tomatoes, Peppers, & Onions, Carrots and O'Brien Potatoes, Applesauce, Gluten Free Bread, and Margarine</p>	
<p>NO MILK per client request</p>	

