



Lactose Free Therapeutic Meals

Site	Senior's	
Phone	Name	
Received	Delivery	
Date	Day:	Week
# of	Delivery	
Meals	Date:	Route

NOTE: ALL Therapeutic meals require a doctor's order.
Please send in your orders 1 week before you need delivery

Each Meal includes 1 Half Pint of Lactose Free Milk

<p>Asian Vegetables & Rice (contains mushrooms), Peas, Baked Cinnamon Apples, and Cinnamon Teddy Grahams</p>	
<p>Crunchy Cod w/Panko Bread Crumbs, Egg Noodles, Green Beans, Squash, Pineapple, and Chocolate Elf Grahams</p>	
<p>Fried Egg & Turkey Sausage, Red Skin Potatoes, Green Beans, 100% Orange Juice, Wheat Bread, and Lactose Free Margarine</p>	
<p>Grilled Chicken Breast, Green Beans, Squash, Pears, Wheat Bread, and Lactose Free Margarine</p>	

<p>Hamburger Patty, Potato Wedges, Broccoli, Pineapple, and Wheat Bread</p>	
<p>Swiss Steak w/ Tomatoes, Peppers, & Onions, Carrots and O'Brien Potatoes, Peaches, Wheat Bread, and Lactose Free Margarine</p>	
<p>Turkey Ham & Beans, Mixed Vegetables, Peaches, Wheat Bread, and Lactose Free Margarine</p>	
<p>NO MILK per client request</p>	

