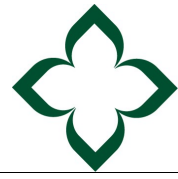


September 2019



Deupree House

Life Enrichment & Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8:40 Bus to Hyde Park Methodist Church 9:15 Bus to Knox Church 9:20 Bus to Christ Church 9:40 Bus to Church of Redeemer 1:00 Sunday Worship (C)	2 Labor Day No Transportation Available 11:00 Labor Day Picnic Style Brunch Buffet (DR)	3 9:30 **News and Views (Conference Room) 10:00 Enameling with Jaime (AS) 3:00 Trivia Tuesday (Conference Room)	4 11:30 **Mind Fit Series (Conference Room) 5:00 Happy Hour with Phil DeGreg and Joe Lukasik (CR) 7:30 Special Interest Movie, "Sully" (EC)	5 10:00 Bus to Hyde Park Plaza 12:15 Bus to Hyde Park Plaza 1:00 Duplicate Bridge (CR) 1:30 **Horticultural Therapy (EC) 3:00 On the Move! (EC)	6 1:00 **Group Music Program (EC) 1:00 Standard Bridge (CR) 7:30 Taylor Cooper, in Concert (EC)	7 12:00 Computer Assistance 3:45 Bus to St. Mary Church 7:30 Saturday Cinema (EC)
8 8:40 Bus to Hyde Park Methodist Church 9:20 Bus to Christ Church 9:40 Bus to Church of Redeemer 10:25 Bus to Knox Church 1:00 Sunday Worship (C) 1:15 Bus to Pops 5:30 Bus to Metropole (3)	9 8:00 - Podiatrist - Dr. Bohman (Salon) 4:00 9:30 **Brain Teasers (PDR) 10:30 Bible Study (PDR) 1:00 Open Art Studio (AS) 1:00 Bus to Hyde Park Plaza	10 1:00 Book Club (Conference Room) 1:15 Bus to Kenwood / Trader Joe's / Fresh Market	11 9:30 - 10:30 Seamstress Alterations (AS) 11:30 **Mind Fit Series (Conference Room) 12:00 Resident Birthday Luncheon (PDR) 1:30 iPhone and iPad class (EC) 2:00 Caregivers Group (Conference Room) 7:30 The Phil DeGreg Trio featuring Harry Allen (EC)	12 10:00 Bus to Hyde Park Plaza 12:15 Bus to Hyde Park Plaza 1:00 Duplicate Bridge (CR) 3:00 On the Move! (EC)	13 12:15 Autumn Scenic Boat Tour (2) 1:00 **Group Music Program (EC) 1:00 Standard Bridge (CR) 7:15 Bus to Ballet	14 12:00 Computer Assistance 12:00 Bus to Cinemark / Target / Meijer / Walmart 1:15 Bus to Ensemble Theatre 3:45 Bus to St. Mary Church 7:30 Saturday Cinema (EC)
15 8:40 Bus to Hyde Park Methodist Church 9:20 Bus to Christ Church 9:40 Bus to Church of Redeemer 10:25 Bus to Knox Church 1:00 Sunday Worship (C) 1:15 Bus to Pops	16 10:30 Bible Study (PDR) 1:00 Bus to Hyde Park Plaza 1:30 Art in the Studio	17 9:30 **News and Views (Conference Room) 10:00 - 11:00 Auxiliary Garden Party (Courtyard) 3:00 Trivia Tuesday (Conference Room)	18 11:30 **Mind Fit Series (Conference Room) 2:00 Circle Tail (EC) 7:30 Special Interest Movie, "Tootsie" (EC)	19 10:00 Bus to Hyde Park Plaza 12:15 Bus to Hyde Park Plaza 1:00 Duplicate Bridge (CR) 1:30 **Horticultural Therapy (EC) 3:00 On the Move! (EC) 5:00 Cocktail Party (CR)	20 10:15 Bus to Symphony 1:00 **Group Music Program (EC) 1:00 Standard Bridge (CR)	21 9:30 Bus to Findlay Market 12:00 Computer Assistance 3:45 Bus to St. Mary Church 7:15 Bus to Symphony 7:30 Saturday Cinema (EC)
22 9:20 Bus to Christ Church 10:25 Bus to Knox Church 12:00 Computer Assistance 1:00 Sunday Worship (C)	23 9:30 **Brain Teasers (PDR) 10:30 Bible Study (PDR) 1:00 Open Art Studio (AS) 1:00 Bus to Hyde Park Plaza	24 12:45 Bus to Rookwood / Fresh Market 7:30 Diane Shields: A Look Into Rasputin (EC)	25 11:15 Lunch at Dorothy Lane Market (3) 11:30 **Mind Fit Series (Conference Room)	26 10:00 Bus to Hyde Park Plaza 11:55 Bus to Reds game (3) 12:00 Deupree Cookout (Courtyard) 12:15 Bus to Hyde Park Plaza 1:00 Duplicate Bridge (CR) 3:00 On the Move! (EC)	27 12:00 - 3:00 Podiatrist—Dr. Greenberg (Salon) 1:00 **Group Music Program (EC) 1:00 Standard Bridge (CR)	28 12:00 Computer Assistance 3:45 Bus to St. Mary Church 7:15 Bus to Symphony 7:30 Saturday Cinema (EC)
29 9:20 Bus to Christ Church 10:25 Bus to Knox Church 12:00 Computer Assistance 1:00 Sunday Worship (C)	30 10:30 Bible Study (PDR) 1:00 Bus to Hyde Park Plaza 4:00 Resident Council (EC)			Key for Expected Amount of Walking On Outings (1): Minimal (2): Some (3): Moderate (4): Great Deal (5): Walking Tour		Dining Room = DR Chapel = C Club Room = CR Private Dining Room = PDR Event Center = EC Art Studio = AS

Computer Assistance:

Please note Ricardo will be volunteering on Saturdays for the month of September. Every Saturday afternoon from 12 to 4 p.m. Check the schedule for available spots. You may schedule an appointment with Ricardo more than once a month. Please do not sign up for an additional session more than 24 hours in advance of an open time slot and do not schedule an appointment after 4:00 p.m. Note, in addition to computers, Ricardo is also knowledgeable about the iPad, iPhone, Apple TV, Kindle, Nook and other mobile devices: tablets/eBook readers.

Saturday Cinema:

7th: Drama: "Hunt for Red October" 1990, 134 minutes
 14th: Drama: "Giant" 1956, 201 minutes
 21st: Comedy: "The Teahouse of the August Moon" 1956, 123 minutes
 28th: Musical: "Meet Me in St. Louis" 1944, 113 minutes
(see Activities book for more details)

Special Interest:

4th: "Sully" 2016, 96 minutes
 18th: "Tootsie" 1982 119 minutes

Open Seating

Please note, the first Monday of every month we will have open seating for dinner in the dining room.

Artist in the Spotlight

Featured in the dining room this month is Jack Meanwell. Jack was born in Winnipeg, Manitoba Canada and maintained a home in Canada throughout his life. He served in the Royal Canadian Air Force during WWI and studied in Detroit. He married Marjorie Wallingford and moved to Kentucky where he raised his family and was president of the Wallingford Coffee Company. He continued to study art and paint while working and became an artist full time in 1972. Jack married Mary Ann Meanwell and moved to Hyde Park. Jack had many one man shows including one at Miami University Art Museum in 2000 and won many awards. Jack is in several museums, including the Cincinnati Art Museum.

Every Friday: Standard Bridge

We are reintroducing the standard Friday bridge program. Anyone who would like to play, from complete novices to intermediate players, are welcome!

News and Views**

Would you like to start your morning off with some coffee and good conversation about the good news going on locally, nationally, and worldwide? If so, join us every other Tuesday!

Mind Fit Series**

Join us for a fun and informative ongoing brain fitness group, led by brain fitness expert, Rosie Abel, from Home Care Assistance. In this weekly program, you will learn about proactive ways to enhance cognitive functioning, including fun group activities used in the Cognitive Therapeutics Method™, a science based cognitive stimulation program. The fee is \$20 per month, which will be charged to your monthly bill. Space is limited to 12 residents per class.

Horticultural Therapy**

Some of you may be familiar with Robert, as he takes care of the plants on our campus and does our Christmas decorations every year. Robert will be offering this hands on gardening project every other Thursday. Please note, the fee is \$10/person and reservations close 7 days prior.

Group Music Program**

Our Home Care Assistance (HCA) team, those who provide our Enriched Living program, invites you to this group music program. It will be led by trained facilitator, Jim Waddle. Come out and see how this recreational music program can provide scientific evidence-based health benefits such as increased circulation, improved immune system, enhanced mood, and a sharpened mind. Call 891-CARE (2273) to reserve your spot.

Brain Teasers**

There are many positive things you can do to keep your mind sharper for longer. And trivia is one! Join us as we exercise our brains with some fun morning trivia on every other Monday.

Open Art Studio

Have you ever enjoyed drawing, painting, coloring, etc.? Or have you noticed the group in the Art Studio and just thought about dropping in and talking about it? Join us! No supplies? No problem! Use some of ours before committing. You aren't too old to enjoy something new or discover your past interest!

The rest of the month:

4th: Happy Hour

Are you looking for some good music to drink by before dinner? If so, join Deupree favorite pianist, Phil DeGreg, and clarinetist, Joe Lukasik, every first Wednesday of the month as they play wonderful vintage music. BYOB.

5th, 12th, 19th, and 26th: On the Move!

Join your Health Services Team and special guests for a deep dive on falls prevention and education. During this five-week program, we will discuss tips to keep you "On the Move!" Participants should plan to attend all five sessions.

6th: Taylor Cooper in Concert

21-year-old singer, Taylor Cooper, will be returning for another wonderful program. As a reminder, in the past, Taylor Cooper performed with the Jump n Jive band then returned a couple of months later for a solo program and amazed everyone. Taylor will be joining us to perform some jazz standards. You are not going to want to miss this!

8th: Bus to Metropole

We will be dining at the restaurant in the 21C Museum Hotel, Metropole. This American cuisine restaurant has an ever-changing menu that features hearth roasted meats, fish and vegetables, grains, and house made charcuterie.

11th and 25th: Bingo

Please note cancellation.

11th: Phil DeGreg Trio featuring Harry Allen

Phil DeGreg will be bringing his trio along with Harry Allen, who is a top level international touring jazz artist, for a special program. Harry has been identified as one of the "finest exponents of swing tenor sax alive today" and is described as "the 'Frank Sinatra' of the tenor saxophone: a master interpreter of standards." If you'd like to learn more about him, just Google him! You will not want to miss this!

13th: Autumn Scenic Boat Tour

Did you sign up for the boat tour of Winton Woods last year and was disappointed when it was cancelled due to rain? If so, here's your second chance to traverse the 156-acre Winton Lake, led by a Great Parks' Naturalist! Sign up by Friday, August 30th. Cost of \$10.00/person will be charged to your account.

18th: Circle Tail

Join us as we learn about this organization, based in Pleasant Plain, Ohio, that provides service and hearing dogs for people with disabilities at no cost to the individual. We will also get to meet one of their service dogs.

24th: Diane Shields: A Look Into Rasputin

Deupree House favorite, Diane Shields, will return to talk about Rasputin. One of the strangest men to enter into the Romanov period of history. He called himself (and so did others) a Holy Monk. But was his life more about evil than good? This is an interesting study about a man who had great influence over the lives of Nicholas and Alexandra – the last of the Romanovs.

25th: Lunch at Dorothy Lane Market

Since we had such a great time in May when we stopped by Dorothy Lane Market for shopping, we will be returning. This time we will dine in their café for lunch! Pay for your own lunch.

26th: Bus to Reds game

We will be joining the Deupree Cottages to watch the Reds take on the Milwaukee Brewers. Tickets start at \$8.00 and will be charged to your account. Sign up by Thursday, September 19th.

26th: Deupree House Cookout

Let's enjoy our courtyard one last time before it gets too cold! Our menu will be a choice of a hot dog, bratwurst or sweet mild Italian sausage along with toppings such as grilled peppers, onions, mustard, ketchup, and pickle relish. We will also have beverages. Finally, we can't have a good cookout without some fun games! We will have corn hole, putting green, and croquet. \$4.25 will be charged to your account for your meal. Please sign up by Monday, September 23rd.

SAVE THE DATE:

- * Sundays - If you're ready for football like most people, join us as we watch the Bengals on Sundays! We invite you, starting September 8th, to bring your own drinks and snacks to watch some good football in the Club Room!
- * October 16th - We will have our annual Fall Bazaar so you can start your holiday shopping early in our own Event Center.
- * October 23rd - We still have one ticket left for our annual fall trip to Keeneland. The ticket is a window seat which is \$75.00. If interested, please see Tarrah Pickard.

THE TIMES LISTED ON THE CALENDAR, FOR OUTINGS, ARE TIMES WHEN THE BUS WILL BE DEPARTING THE CAMPUS. SEE SIGN-UP SHEETS FOR DEPARTURE TIMES FOR EACH BUILDING.