

March 2020



Deupree House

Life Enrichment & Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8:50 Bus to Hyde Park Methodist 9:30 Bus to Church of Redeemer 10:30 Bus to Knox Church 12:00 Computer Assistance 1:00 Sunday Worship (C)	2 10:30 Bible Study (PDR) 1:00 Bus to Hyde Park Plaza 7:30 Poker (AS)	3 10:00 Enameling with Sandy Zureick (AS) 3:00 Trivia Tuesday (Conference Room)	4 11:30 **Mind Fit Series (Conference Room) 3:30 Friendly iPhone Class (CR) 5:00 Phil DeGreg and Joe Lukasik (CR) 7:30 Netflix Series, The Crown (EC)	5 10:00 Bus to Hyde Park Plaza 12:15 Bus to Hyde Park Plaza 1:00 Duplicate Bridge (CR)	6 12:00 - Podiatrist - Dr. Greenberg (Salon) 3:00 1:00 **Group Music Program (EC) 7:30 Chi Hoi Jimmy Cheung & Pui Yee Angela Lau in Concert (CR)	7 3:45 Bus to St. Mary Church 7:30 Saturday Cinema (EC)
8 Daylight Savings 8:50 Bus to Hyde Park Methodist 9:30 Bus to Church of Redeemer 10:30 Bus to Knox Church 12:00 Computer Assistance 1:00 Sunday Worship (C) 1:15 Bus to Pops 5:30 Bus to Carrabba's Italian Grill (2)	9 10:30 Bible Study (PDR) 1:00 Bus to Hyde Park Plaza 1:30 Open Art Studio (AS) 7:30 Poker (AS)	10 1:00 Book Club (Conference Room) 1:15 Bus to Kenwood / Trader Joe's / Fresh Market	11 9:30 - 10:30 Seamstress Alterations (AS) 11:30 **Mind Fit Series (Conference Room) 12:00 Resident Birthday Luncheon (PDR) 1:30 ERS iPhone and iPad class (EC) 2:00 Support Group (Conference Room) 3:30 Friendly iPhone Class (CR) 7:30 Bingo (EC)	12 10:00 Bus to Hyde Park Plaza 12:15 Bus to Hyde Park Plaza 1:00 Duplicate Bridge (CR)	13 1:00 **Group Music Program (EC) TBD Bus to the Mariemont Theater (2) 7:30 League of Women Voters Talk (EC)	14 12:00 Bus to Met Opera / Cinemark / Target / Meijer / Walmart 3:45 Bus to St. Mary Church 7:15 Bus to Symphony 7:30 Saturday Cinema (EC)
15 8:50 Bus to Hyde Park Methodist 9:30 Bus to Church of Redeemer 10:30 Bus to Knox Church 12:00 Computer Assistance 1:00 Sunday Worship (C) 3:15 Bus to Linton Music Series 6:00 Sip n Sup (CR)	16 7:45 Bus to Xavier University (3) 10:30 Bible Study (PDR) 1:00 Bus to Hyde Park Plaza 1:30 Art in the Studio 7:30 Poker (AS)	17 St. Patrick's Day 6:30 - 7:30 Primary Election Voting (CR) 9:00 Health Fair (EC) 3:00 Trivia Tuesday (Conference Room) 7:30 St. Patrick's Day Concert (CR)	18 11:30 **Mind Fit Series (Conference Room) 3:30 Friendly iPhone Class (CR) 7:30 Netflix Series, The Crown (EC)	19 10:00 Bus to Hyde Park Plaza 12:15 Bus to Hyde Park Plaza 1:00 Duplicate Bridge (CR) 1:30 **Horticultural Therapy (EC) 3:30 Coffee and Info. (DR) 5:00 Cocktail Party (CR)	20 12:00 Bus to the Greyhound Tavern (3) 1:00 **Group Music Program (EC) 7:15 Bus to Ballet	21 1:15 Bus to Ensemble Theatre 3:45 Bus to St. Mary Church 7:30 Saturday Cinema (EC)
22 8:50 Bus to Hyde Park Methodist 9:30 Bus to Church of Redeemer 10:30 Bus to Knox Church 12:00 Computer Assistance 1:00 Sunday Worship (C)	23 10:30 Bible Study (PDR) 1:00 Bus to Hyde Park Plaza 1:30 Open Art Studio (AS) 7:30 Poker (AS)	24 12:45 Bus to Rookwood / Fresh Market 7:30 Diane Shields: A Look Into the Duke and Duchess (EC)	25 11:30 **Mind Fit Series (Conference Room) 3:30 Friendly iPhone Class (CR) 7:30 Bingo (EC)	26 10:00 Bus to Hyde Park Plaza 11:00 Opening Day Celebration (DR & CR) 12:15 Bus to Hyde Park Plaza 1:00 Duplicate Bridge (CR)	27 10:15 Bus to Symphony 1:00 **Group Music Program (EC) 7:30 Ravel Duo for Violin and Cello (CR)	28 3:45 Bus to St. Mary Church 7:15 Bus to Symphony 7:30 Saturday Cinema (EC)
29 8:50 Bus to Hyde Park Methodist 9:30 Bus to Church of Redeemer 10:30 Bus to Knox Church 12:00 Computer Assistance 1:00 Sunday Worship (C)	30 8:00 - 4:00 Podiatrist - Dr. Bohman (Salon) 10:30 Bible Study (PDR) 4:00 Resident Council (EC) 7:30 Poker (AS)	31 1:00 Bus to Hyde Park Plaza 1:30 Better Use of the Internet 2.0 (EC)		Key for Expected Amount of Walking On Outings (1): Minimal (2): Some (3): Moderate (4): Great Deal (5): Walking Tour		Dining Room = DR Chapel = C Club Room = CR Private Dining Room = PDR Event Center = EC Art Studio = AS

Friendly iPhone Class

Deupree 2 resident, Roger Giesel will continue teaching this weekly, basic iPhone/iPad class. It will take place in the Deupree Event Center from 3:30 PM until 4:30 PM. It will be primarily an iPhone course, but iPad users may benefit also. Later, this course may be combined with the ERS SPONSORED IPHONE/IPAD COURSE (which meets once or twice a month on Wednesdays at 1:30 in the Event Center).

Computer Assistance:

Every Sunday afternoon from 12 to 4 p.m. Check the schedule for available spots. You may schedule an appointment with Ricardo more than once a month. Please do not sign up for an additional session more than 24 hours in advance of an open time slot and do not schedule an appointment after 4:00 p.m. Note, in addition to computers, Ricardo is also knowledgeable about the iPad, iPhone, Apple TV, Kindle, Nook and other mobile devices: tablets/eBook readers.

Saturday Cinema:

7th: Drama: "The Quiet Man" 1952, 129 minutes
 14th: Musical: "The Barkleys of Broadway" 1949, 109 minutes
 21st: Musical: "Carousel" 1956, 128 minutes
 28th: Drama: "The Thief of Bagdad" 1940, 106 minutes
 (see Activities book for more details)

Open Art Studio

Have you ever enjoyed drawing, painting, coloring, etc.? Or have you noticed the group in the Art Studio and just thought about dropping in and talking about it? Join us! No supplies? No problem! Use some of ours before committing. You aren't too old to enjoy something new or discover your past interest!

Mind Fit Series**

Join us for a fun and informative ongoing brain fitness group, led by brain fitness expert, Rosie Abel, from Home Care Assistance. In this weekly program, you will learn about proactive ways to enhance cognitive functioning, including fun group activities used in the Cognitive Therapeutics Method™, a science based cognitive stimulation program. The fee is \$20 per month, which will be charged to your monthly bill. Space is limited to 12 residents per class.

Group Music Program**

Our Home Care Assistance (HCA) team, those who provide our Enriched Living program, invites you to this group music program. It will be led by trained facilitator, Jim Waddle. Come out and see how this recreational music program can provide scientific evidence-based health benefits such as increased circulation, improved immune system, enhanced mood, and a sharpened mind. Call 891-CARE (2273) to reserve your spot.

Horticultural Therapy**

Some of you may be familiar with Robert, as he takes care of the plants on our campus and does our Christmas decorations every year. Robert will be offering this hands on gardening project every other Thursday. Please note, the fee is \$13/person and reservations close 7 days prior.

The rest of the month:

4th: Happy Hour

Are you looking for some good music to drink by before dinner? If so, join Deupree's favorite pianist, Phil DeGreg, and clarinetist, Joe Lukasik, every first Wednesday of the month as they play wonderful vintage music. BYOB.

4th: Netflix Series, The Crown

Season 3: Episodes 7 (runtime: 56 minutes) and 8 (runtime: 47 minutes).

6th: Jimmy Cheung & Angela Lau in Concert

CCM students, Chi Hoi Jimmy Cheung and Pui Yee Angela Lau will be joining us for a special duo piano program. Both Cheung and Lau graduated from the Royal College of Music in London and are furthering their education at the Cincinnati College-Conservatory of Music.

8th: Bus to Carrabba's Italian Grill

This month we will be dining at this chain eatery that offers authentic Italian cuisine passed down from their founders' family recipes. Carrabba's uses only the best ingredients to prepare fresh and handmade dishes cooked to order in a lively exhibition kitchen.

11th: ERS iPhone and iPad Class

Vice President of Marketing, Bryan Reynolds, would like to invite you to this class to learn how to use an iPhone, iPod, or iPad in a classroom setting. Get tips on taking iPhone photos, managing your contacts, maps and so much more. Plus find out how to use some of the latest apps or social networking websites as well.

11th: Support Group

Our monthly Caregivers Group has been expanded and would like to invite not only caregivers but also those who have lost loved ones. Occurs every 2nd Wednesday.

13th: Bus to the Mariemont Theatre

Join us as we take a trip to see the movie, Bombshell. Bombshell is a revealing look inside the most powerful and controversial media empire of all time; Fox News, and the explosive story of women who brought down the infamous man who created it. Time TBD. \$7.75 will be charged to your account. Please sign up by Tuesday, March 10th.

13th: League of Women Voters Talk

Come out and hear all about the organization that works to educate voters as well as the current issues that will be on the ballot in the Primary election.

15th: Sip n Sup

\$7.00 will be charged to your account. Turn in your reservation card by Tuesday, March 3rd. Should you have questions, please contact Gay Bain at 281-1203 in apartment 2100.

16th: Bus to Xavier University

Refresh Your Soul event. Purchase tickets by calling Tricia Ettinger at 513-979-2246 or go on our website.

17th: Health Fair

All residents are invited to join us in the Event Center between 9am and noon. In addition to blood pressure checks, blood sugar checks, and pendant checks, other important information will be shared. We hope all residents will take a few minutes to stop by!

17th: St. Patrick's Day Concert

Back by popular demand, the Queen City Songbirds will be returning for a St. Patrick's Day program!

18th: Netflix Series, The Crown

Season 3: Episodes 9 (runtime: 47 minutes) and 10 (runtime: 58 minutes).

20th: Bus to the Greyhound Tavern

Join us as we take a trip to this Fort Mitchell landmark for a casual lunch outing. Although Greyhound Tavern is still well known for its traditional favorites, it also has become a prime spot for chops, steaks, seafood, and other specialties prepared by the chef and his staff.

24th: A Look Into the Duke and Duchess

Deupree House favorite, Diane Shields, will return to talk about the Duke and Duchess. He was king for nearly a year. His royal title was King Edward VIII. He also loved an American divorced woman. The English Parliament told him he could be king only if he gave up 'the love of his life'. For King Edward VIII - the kingdom meant little and Wallace Simpson meant everything! Let's take a look at this rather strange relationship and question his motives. Was it perhaps best for the English that he did indeed step down?

26th: Opening Day Celebration

Join us as we celebrate this unofficial holiday in Cincinnati! Pete and his team will be offering classic Reds Day foods in the Grille that you can bring to the Club Room and enjoy while watching the parade and the game on the TV!

27th: Ravel Duo for Violin and Cello

After performing with the CCM Preparatory Department in January, violinist, Lilyanne Thoroughman asked if she could return for a special program with a cellist. Both she and cellist, Miriam Smith, have played with the Cincinnati Symphony and the Blue Ash Symphony. You will not want to miss this concert by these two young, accomplished musicians!

31st: Bus to Hyde Park Plaza

Please note change of date due to a bus inspection.

31st: Better Use of the Internet 2.0

Our weekly computer volunteer, Ricardo Ang, will be returning for another lecture on efficient ways to search and use the internet.

SAVE THE DATE:

- * April 17th - DH2 resident and former chairman of the Department of Pathology at UC College of Medicine, Dr. Roger Smith, will be discussing the development of Alzheimer's and Parkinson disease, showing what happens in the brain to cause the symptoms.
- * April 21st - Our new enameling instructor will be offering a separate jewelry making class on the 3rd Tuesday of each month.
- * April 21st - Our Outreach Committee will be having their Spring clothing drive for the benefit of MEAC. This collection is limited to clothing, (men and women's) belts, scarfs, and handbags. The collection will begin in each building at 10:00 a.m. Pick up will be at your door.

THE TIMES LISTED ON THE CALENDAR, FOR OUTINGS, ARE TIMES WHEN THE BUS WILL BE DEPARTING THE CAMPUS. SEE SIGN-UP SHEETS FOR DEPARTURE TIMES FOR EACH BUILDING.