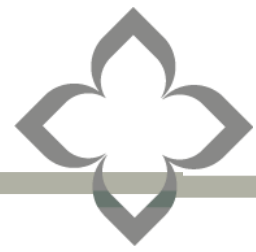



Wellness Calendar



Marjorie P. Lee — March 2020

Sun-day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Aqua Aerobics 1:30-2:15 pm (P)	3 Chair Aerobics 10:00-10:45 am (EC)	4 Tai Chi Flow 10-10:45 (CH) Yoga with Patty 3-3:45 (CH)	5 Chair Aerobics 10:00-10:45 am (EC)	6 Aqua Aerobics 10:00-10:45am (P)	7 Exercise with Sarah 10 am-10:45 (EC)
8	9 Aqua Aerobics 1:30-2:15 pm (P)	10 Chair Aerobics 10:00-10:45 am (EC)	11 Tai Chi Flow 10-10:45 (CH) Yoga with Patty 3-3:45 (CH)	12 Chair Aerobics 10:00-10:45 am (EC)	13 Aqua Aerobics 10:00-10:45am (P)	14 Exercise with Sarah 10 am-10:45 (EC)
15	16 Aqua Aerobics Canceled	17 Chair Aerobics 10:00-10:45 am (EC)  Happy St. Patrick's Day!	18 Tai Chi Flow 10-10:45 (CH) Yoga with Patty 3-3:45 (CH)	19 Chair Aerobics 10:00-10:45 am (EC)	20 Aqua Aerobics 10:00-10:45am (P)	21 Exercise with Sarah 10 am-10:45 (EC)
22	23 Aqua Aerobics 1:30-2:15 pm (P)	24 Chair Aerobics 10:00-10:45 am (EC)	25 Tai Chi Flow 10-10:45 (CH) Yoga with Patty 3-3:45 (CH)	26 Chair Aerobics 10:00-10:45 am (EC)	27 Aqua Aerobics 10:00-10:45am (P)	28 Exercise with Sarah 10 am-10:45 (EC)
29	30 Aqua Aerobics 1:30-2:15 pm (P)	31 Chair Aerobics 10:00-10:45 am (CH)				