January Cottage Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Solemnity of Mary** **11:00** Exercise with VW-Lillie & Music, CL **12:00** New Year Meal **2:00 Church Service, CL** **4:00** New Year Resolutions with Sherry, CR **6:00** Musical of Choice **Happy New Year**	**2** Flower Arranging **11:00** Exercise with VW-Leslie & Music, CR **1:15 Tai Chi with Michael Porte, CR** **4:00 Piano Concert with Cliff Adams, CR** **5:00** Rose Bowl, ESPN **6:00** Opera of Choice	**3** Manicure by your VW **11:00** Exercise with VW-Cassandra & Music, CL **4:00 Lyrica- Harp Concert, CR** **6:00** Creative Coloring	**4** Hair Day **11:00 Art Therapy with Jessica Sebastian** **11:30** Exercise with VW-Nakisha & Music, CR **2:30** Hot Chocolate Bar **3:15** January Trivia with Karrie, CR **4:00** Winter Trivia, CR **4:30** 1940's Trivia, CR **6:00** Travel to Rome with Rick Steves, iN2L **Trivia Day**	**5** **11:30** Exercise with VW-Briana & Music, CL **1:30 Bible Study with Deacon Fred, CR** **3:00** Bird Trivia with Lillie, CR **3:15** Bird Bingo with Shannon, CR **4:00 Music Performance with Sonny Hill Trio, CL** **6:00** After Dinner Craft **National Bird Day**	**6** **11:30** Exercise with VW-Donna & Music, CR **1:15 Tai Chi with Michael Porte, CR** **2:30** Ask Alexa **3:30** Listen to Poetry **4:00** Epiphany with Sherry, iN2L **6:00** Bingo, CL	**7** **11:00** Exercise with VW-Kris & Music, CL **1:30** Puzzle Hour **2:30** Water Color Painting with Stephanie, CR **6:00** Movie of Choice
8 **11:00** Exercise with VW-Daric & Music, CR **2:00 Church Service, CL** **4:00 Music Performance With Marci Hedges, CR** **6:00** Musical of Choice	**9** Flower Arranging **11:00** Exercise with VW-Ruth & Music, CL **1:15 Tai Chi with Michael Porte, CR** **4:00 Violin and Piano Concert with Vince and Rick, CL** **6:00** Opera of Choice	**10** Manicure by your VW **11:00** Exercise with VW-Gwen & Music, CR **2:30** Tea & Talk Time, CL **4:00** Brain Teasers with Karrie, iN2L, CR **6:00** Creative Coloring	**11** Hair Day **11:00** Exercise with VW-Simone & Music, CL **2:30** Hot Chocolate Bar **3:30** Balloon Toss with Janet, CR **6:00** Longleaf Safari, iN2L	**12** **11:00** Exercise with VW-Leslie & Music, CR **1:30 Bible Study with Deacon Fred, CR** **2:30** HealthRHYTHMS and Ribbon Dancing with DD **3:00** Read a Story with DD **4:00** Paint while listening To Classical Music-Lillie, CR **6:00** Read out loud	**13** **11:30** Exercise with VW-Briana & Music, CL **1:15 Tai Chi with Michael Porte, CR** **2:30** Ask Alexa with DD **3:30** Listen to Poetry **4:00** Happy Hour **6:00** Dog Bingo, CR **Vision Visit**	**14** **11:00** Exercise with VW-Nakisha & Music, CR **1:30** Puzzle Hour **2:30** Water Color Painting with Kayla, CR **6:00** Movie of Choice
15 **11:00** Exercise with VW-Cassandra & Music, CL **2:00 Church Service, CL** **4:00** Bible Word Search **6:00** Musical of Choice	**16** Flower Arranging **11:00** Exercise with VW-Leslie & Music, CR **1:15 Tai Chi with Michael Porte, CR** **2:00** MLK Poetry with Briana, CL **3:30** National Civil Rights Museum, CL **6:00** Opera of Choice **Martin Luther King Jr Day**	**17** Manicure by your VW **11:00** Exercise with VW-Simone & Music, CL **1:30 Java Time with Deacon Fred, CR** **2:30** Benjamin Franklin, iN2L **4:00** Brain Teasers with DD, iN2L **5:00 Carry-in from Che' O'Bryonville** **6:00** Creative Coloring	**18** Hair Day **11:00 Art Therapy with Jessica Sebastian** **11:30** Exercise with VW-Donna & Music, CR **2:30** Hot Chocolate Bar **3:30** Balloon Toss with Shannon, CL **6:00** Forest Hike, iN2L **Dental Visit**	**19** **11:00 Horticulture Therapy** **11:30** Exercise with VW-Briana & Music, CL **2:00 Bible Study with Deacon Fred, CR** **2:30** HealthRHYTHMS and Ribbon Dancing with DD **3:00** Aroma Therapy with DD **6:00** Read out loud	**20** **11:30** Exercise with VW-Nakisha & Music, CR **1:15 Tai Chi with Michael Porte, CR** **2:30** Ask Alexa with Lillie **4:00 Early Dinner** **6:00 Deupree Cottages Annual Winter Ball, CR**	**21** **11:00** Exercise with VW-Kris & Music, CL **1:30** Puzzle Hour **2:30** Water Color Painting with Briana, CL **4:00 Piano Concert with Jimmy Cheung** **6:00** Movie of Choice

January Cottage Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 **11:00** Exercise with VW-Stephanie & Music, CR **2:00 Church Service, CL** **4:00 Music Performance with Marci Hedges, CR** **6:00** Musical of Choice	**23** Flower Arranging **11:00** Exercise with VW-Cassandra & Music, CL **1:15 Tai Chi with Michael Porte, CR** **3:30** National Gallery of London, iN2L **4:00 Violin and Piano Concert with Vince And Rick, CR** **6:00** Opera of Choice	**24** Manicure by your VW **11:00** Exercise with VW-Kayla & Music, CR **1:30 Java Time with Deacon Fred, CR** **2:30** Tea & Talk Time**,** CL **4:00** Brain Teasers with Simone, iN2L, CL **6:00** Creative Coloring	**25** Hair Day **11:00** Exercise with VW-Simone & Music, CL **2:30** Hot Chocolate Bar **3:30** Balloon Toss with Karrie, CR **4:00 Jazz Piano with Phil DeGreg and Joe Lukasik** **6:00** Road Trip-Utah, iN2L	**26** **11:00** Exercise with VW-Donna & Music, CR **1:30 Bible Study with Deacon Fred, CR** **2:30** HealthRHYTHMS and Ribbon Dancing with DD **4:00 Digital Accordion and Clarinet with Joe & Sally** **6:00** Read out loud	**27** **11:00** Exercise with VW Lillie & Music, CL **1:15 Tai Chi with Michael Porte, CR** **2:30** Ask Alexa with Briana, CL **3:30** Listen to Poetry **6:00** Bird Bingo**, CL**	**28** **Happy Birthday Eleanor Minkarah** **11:00** Exercise with VW Nakisha & Music, CR **1:30** Puzzle Hour **2:30** Water Color Painting with Sharon, CL **4:00 Piano Concert with Angela Lau, CL** **6:00** Movie of Choice
29 **11:00** Exercise with VW-Cassandra & Music, CL **2:00 Church Service, CL** **4:00** Bible Word Search **6:00** Musical of Choice	**30** Flower Arranging **11:00** Exercise with VW-Leslie & Music, CR **1:15 Tai Chi with Michael Porte, CR** **3:30** Egyptian Museum, iN2L **6:00** Opera of Choice	**31** Manicure by your VW **Men's Luncheon with Deacon Fred, CR Den** **11:00** Exercise with VW-Simone & Music, CL **1:30 Java Time with Deacon Fred, CR** **2:30** Tea & Talk Time, CR **4:00** Brain Teasers with Deborah, iN2L, CL **6:00** Creative Coloring	 A January birth flower-Snowdrop	**Remember Hand Hygiene: Wet hands, Lather with Soap, Scrub for at least 20 seconds, rinse and dry. Clean hands before and after, with eating and toileting, then after blowing nose, cough, or sneezing!**	Please ask DD if you would like to receive the hymn and scripture of the day.	**CR=Craftsman** **CL=Colonial** Activity dates, times and locations are subject to change. Snacks will be offered by VWs at 2:30p and 7:00p Every day.