


❄️ January Cottage Calendar ❄️

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CR=Craftsman CL=Colonial *= Music Performances of Creative Aging Cincinnati Membership	1 1:15 Tai Chi with Michael Porte, CR 1:30 Exercise with Leslie & Music, CR 2:30 Hot Cocoa Bar 5:00 Rose Bowl, ESPN 6:00 Explore National Geographic, Apple TV Happy New Year	2 Manicure by your VW 11:00 SAIDO, CL 1:30 Java Time with Deacon Fred, CR 2:00 Exercise with Simone & Music, CL 2:30 Tea Time, CL 3:30 Listen to Big Band, CR 6:00 “Bon Voyage,” Disney	3 Hair Day 11:00 SAIDO, CL 11:00 Lyrica-Piano and Flute Duo, CR 1:30 Walking Club 3:30 Cheese & Wine, CR 6:00 Color with VWs	4 Men’s Luncheon with Deacon Fred, CR Den 11:00 SAIDO, CL 1:30 Bible Study with Deacon Fred, CR 2:30 Exercise with Cassandra & Music, CL 3:30 January Trivia, CR 4:00 Paint while listening to Classical Music, Marie, CR 6:00 Read out loud, CR	5 11:00 SAIDO, CL 1:15 Tai Chi with Michael Porte, CR 2:00 Exercise with Donna & Music, CR 4:00 Piano Concert with Cliff Adams, CR 6:00 Animal Bingo, CR	6 11:30 Exercise with Stephanie & Music, CL 1:30 Puzzle Hour 2:30 Watercolor Painting- Enchantra, CR 4:00 Balloon Toss- Janet, CR 6:00 Movie Night with Popcorn
7 11:30 Exercise with Kesha & Music, CL 2:00 Church Service, CL 3:30 Balloon Toss-Carren, CL 6:00 Musical of Choice TBD-Bengals Vs. Browns	8 11:00 SAIDO, CL 1:15 Tai Chi with Michael Porte, CR 1:30 Exercise with Kayla & Music, CR 2:30 Hot Cocoa Bar 4:00 Violin and Piano with Vince and Rick, CR 6:00 Explore National Geographic, Apple TV	9 Manicure by your VW 11:00 SAIDO, CL 2:00 Exercise with Tonya & Music, CL 2:30 Tea Time, CL 4:00 Music Performance With Dolores Mason, CR 6:00 “Amy,” Disney	10 Hair Day 11:00 SAIDO, CL 12:00 Carry in Ruebens from Izzy’s 1:30 Walking Club 2:30 HealthRHYTHMS & Ribbon Dancing With DD, CR 3:30 Cheese & Wine, CL 6:00 Color with VWs	11 Happy Birthday Charlotte Williams 11:00 SAIDO, CL 2:30 Exercise with Briana & Music, CL 4:00 Digital Accordion and Clarinet with Sally & Joe LuKasik, CR 6:00 Read out loud, CR	12 11:00 SAIDO, CL 1:15 Tai Chi with Michael Porte, CR 1:30 Exercise with Lillie & Music, CL 2:00 Poetry Reading with Eunique, CR 4:00 Happy Hour, CR 6:00 Dog Bingo, CR	13 11:30 Exercise with Eunique & Music, CR 1:30 Puzzle Hour 2:30 Watercolor Painting- Briana, CL 4:00 Balloon Toss- Nichole, CL 6:00 Movie Night with Popcorn
14 11:30 Exercise with Tonya & Music, CL 2:00 Church Service, CL 3:30 Balloon Toss- Enchantra, CR 4:00 Music Performance with Marci Hedges, CR 6:00 Musical of Choice	15 Dentist Here 11:00 SAIDO, CL 1:15 Tai Chi with Michael Porte, CR 1:30 Exercise with Nakisha & Music, CR 2:30 Hot Cocoa Bar 3:00 MLK Jr. Facts, CR 6:00 Explore National Geographic, Apple TV Martin Luther King Jr. Day	16 Manicure by your VW 11:00 SAIDO, CL 11:30 Exercise with Simone & Music, CL 1:30 Java Time with Deacon Fred, CR 3:30 Listen to Big Band, CR 6:00 “Big Red,” Disney	17 Hair Day 11:00 SAIDO, CL 11:00 Lyrica-Piano and Flute Duo, CR 1:30 Walking Club 2:30 Benjamin Franklin, CR 3:30 Cheese & Wine, CR 6:00 Color with VWs	18 Men’s Luncheon with Deacon Fred, CR Den 10:00 Horticulture 11:00 SAIDO, CL 11:30 Exercise with Gwen, CR 1:30 Resident Council 2:00 Bible Study with Deacon Fred, CR 3:00 1930’s Trivia, CR 3:30 Balloon Toss-Tierra, CR 6:00 Read out loud, CR	19 11:00 SAIDO, CL 1:30 Exercise with Kesha & Music, CR 2:00 Poetry Reading with Briana, CL 3:30 HealthRHYTHMS & Ribbon Dancing With DD, CR 4:00 Happy Hour, CL 6:00 Bird Bingo, CR	20 11:30 Exercise with Sharon & Music, CL 1:30 Puzzle Hour 2:30 Watercolor Painting- Gwen, CR 4:00 Balloon Toss- Deborah, CL 6:00 Movie Night with Popcorn



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21 11:30 Exercise with Leslie & Music, CR 2:00 Church Service, CL 3:30 Balloon Toss-Lillie, CL 6:00 Musical of Choice	22 11:00 SAIDO, CL 1:15 Tai Chi with Michael Porte, CR 1:30 Exercise with Cassandra & Music, CL 2:00 Hot Cocoa Bar 3:00 Food Committee, CR 4:00 Violin and Piano with Vince and Rick, CR 6:00 Explore National Geographic, Apple TV	23 Manicure by your VW 11:00 SAIDO, CL 1:30 Java Time with Deacon Fred, CR 2:00 Exercise with Donna & Music, CR 2:30 Tea Time, CL 3:30 Make Homemade Vegetable Soup with DD, CR 6:00 "Miracle of the White Stallions," Disney	24 Hair Day 11:00 SAIDO, CL 1:30 Walking Club 2:30 Trivia with Simone, CL 3:30 Cheese & Wine, CR 6:00 Color with VWs	25 Men's Luncheon with Deacon Fred, CR Den 11:00 SAIDO, CL 11:30 Exercise with Gwen & Music, CR 4:00 Paint while listening to Classical Music, Shannon, CL 6:00 Read out loud	26 11:00 SAIDO, CL 1:15 Tai Chi with Michael Porte, CR 1:30 Exercise with Eunike & Music, CR 2:00 Poetry Reading with Kesha, CR 4:00 Happy Hour, CR 6:00 Bingo, CR	27 11:30 Exercise with Gwen & Music, CR 2:30 Watercolor Painting-Leslie, CR 3:30 Karaoke with Simone, CL 4:00 Balloon Toss-Marie, CR 6:00 Movie Night with Popcorn
28 Happy Birthday Ellie Minkarah 11:30 Exercise with Tonya & Music, CL 2:00 Church Service, CL 4:00 Music Performance with Marci Hedges, CR 6:00 Musical of Choice	29 11:00 SAIDO, CL 1:15 Tai Chi with Michael Porte, CR 1:30 Exercise with Nakisha & Music, CR 2:00 Hot Cocoa Bar 3:30 Which Word Doesn't Fit, CR 6:00 Explore National Geographic, Apple TV	30 Manicure by your VW 11:00 SAIDO, CL 2:00 Exercise with Simone & Music, CL 2:30 Tea Time, CL 3:30 HealthRHYTHMS & Ribbon Dancing With DD, CR 6:00 "The Barefoot Executive," Disney	31 Hair Day 11:00 SAIDO, CL 1:30 Walking Club 2:30 Trivia with Donna, CR 3:30 Cheese & Wine, CL 6:00 Color with VWs	Reminders: Sneeze in the inside of your elbows or tissue. Wash your hands frequently. Wet hands, Lather with Soap, Scrub for at least 20 seconds, rinse and dry. Clean hands before and after, with eating and toileting, then after blowing nose, cough, or sneezing! 	Activity dates, times and locations are subject to change. Snacks will be offered by VWs at 2:30p and 7:00p Every day.	