

| | | \ 1 -P11 | 1 Collage | | | |
|--|---|---|--|---|--|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| CR=Craftsman CL=Colonial *= Music Performances of Creative Aging Cincinnati Membership | 11:00 SAIDO, CL 1:15 Tai Chi with Michael Porte, CR 2:30 Famous April Fools Pranks from Brands - Tonya, CL 4:00 Piano Concert with Cliff Adams, CR 6:00 Explore National Geographic, Apple TV April Fools' Day | Manicure by your VW 11:00 SAIDO, CL 11:30 Exercise with Briana & Music, CL 1:30 Java Time with Deacon Fred, CR 2:30 Tea Time Listening to Susan Boyle, CL 3:30 Ways to Celebrate World Autism Day – Marie, CR 6:00 Inside Out, Disney+ World Autism Awareness Day | Hair Day 11:00 SAIDO, CL 11:00 Lyrica-Piano and Flute Duo, CR 1:30 Walking Club 2:30 HealthRHYTHMS & Ribbon Dancing With DD, CL 3:30 Our Great National Parks: A World of Wonder, Netflix 6:00 Color with VWs | Men's Luncheon with Deacon Fred, CR 11:00 SAIDO, CL 11:30 Exercise with Cassie & Music, CL 1:30 Bible Study with Deacon Fred, CR 2:30 Paint & listen to Classical Music-Gwen, CR 6:00 Read out loud, The Celebrated Jumping Frog of Calaveras County by Mark Twain – Sherry, CR | 11:00 SAIDO, CL 1:15 Tai Chi with Michael Porte, CR 2:00 Stay on Bus Ride 4:00 Happy Hour, CL 6:00 Animal Bingo with VWs, CR | 11:30 Exercise with Tonya & Music, CL 1:30 Puzzle Hour 2:30 Watercolor Painting – Karrie, CR 4:00 Balloon Toss - Marie, CR 6:00 Movie Night with Popcorn |
| 7 11:30 Exercise with Nakisha & Music, CR 2:00 Church Service, CL 3:30 Balloon Toss- Shannon, CL 4:00 Music Performance with Marci Hedges, CR 6:00 Musical of Choice | Podiatrist Here 11:00 SAIDO, CL 1:15 Tai Chi with Michael Porte, CR 1:30 Exercise with Stephanie & Music, CL 3:09 Courtyard-Solar Eclipse 4:00 Violin and Piano with Vince and Rick, CR 6:00 Explore National Geographic, Apple TV Solar Eclipse Day | Manicure by your VW 11:00 SAIDO, CL 1:30 Java Time with Deacon Fred, CR 2:30 Tea Time Listening to Joni Mitchell, CR 3:00 Sacred Planet, Disney+ 4:00 Music with Dolores Mason 6:00 The Lion King, Disney+ | Hair Day 11:00 SAIDO, CL 1:30 Walking Club 2:30 HealthRHYTHMS & Ribbon Dancing With DD, CL 3:30 America's Greatest Animals, Disney+ 6:00 Color with VWs | Men's Luncheon with Deacon Fred, CR 11:00 SAIDO, CL 11:30 Exercise with Eunique & Music, CR 1:30 Bible Study with Deacon Fred, CR 2:30 Chair Yoga with RN Marta Vennemann, CL 4:00 Digital Accordion and Clarinet with Sally & Joe LuKasik, CR 6:00 Read out loud, Animal Encounter Stories — Diamond, CR | 11:00 SAIDO, CL 1:15 Tai Chi with Michael Porte, CR 2:00 Exercise with Lillie & Music, CL 2:30 Oh Happy Day! Soirée, Courtyard 3:30 Dr. JoAnne Worthington, Cincinnati State Speakers Bureau- Health Policy Advocacy, CR 6:00 Bingo with VWs, CL | 13.30 Exercise with Leslie & Music, CR 1:30 Puzzle Hour 2:30 Watercolor Painting- Cassie, CL 3:30 Poetry Reading- Spring & Animals Poems – Kayla,CR 4:00 Balloon Toss- Carren, CL 6:00 Movie Night with Popcorn |
| 11:30 Exercise with Stephanie & Music, CL 2:00 Church Service, CL 3:30 Ron Vance's Biblesticks*CL 6:00 Musical of Choice | 11:00 SAIDO, CL 1:15 Tai Chi with Michael Porte, CR 1:30 Exercise with Donna & Music, CR 2:30 Baby Animal Cam: Animals We Love, Netflix 3:00 Opera in Concert, CR 6:00 Explore National Geographic, Apple TV | Manicure by your VW 11:00 SAIDO, CL 11:30 Exercise with Briana & Music, CL 1:30 Java Time with Deacon Fred, CR 2:30 Tea Time Listening To Marvin Gaye, CL 3:30 HealthRHYTHMS & Ribbon Dancing With DD, CR 6:00 Honey, I Shrunk the Kids, Disney+ | Hair Day 11:00 SAIDO, CL 11:00 Lyrica-Piano and Flute Duo, CR 12:00 Carry-In Lunch, Main Street Cafe 1:30 Walking Club 2:30 Art Therapy with Marty Santos, CR 3:30 Inside the Mind of a Cat, Netflix 6:00 Color with VWs | Men's Luncheon with Deacon Fred, CR 10:00 Horticulture 11:00 SAIDO, CL 11:30 Exercise with Lillie & Music, CL 1:30 Resident Council, CR 2:00 Bible Study with Deacon Fred, CR 2:30 Paint & listen to Classical Music-Nakisha, CR 6:00 Read out loud, Who was Johnny Appleseed? - Sherry, CR | Happy Birthday Ruth Lund! 11:00 SAIDO, CL 1:30 Exercise with Eunique & Music, CR 2:30 Poetry Reading – Spring & Gardens & Environment Poems- Cassie, CL 4:00 Happy Hour, CL 6:00 Bird Bingo with VWs, CR | 11:30 Exercise with Briana & Music, CL 1:30 Puzzle Hour 2:30 Watercolor Painting- Leslie, CR 4:00 Balloon Toss- Tierra, CR 6:00 Movie Night with Popcorn |



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------|------------------------------|-------------------------|----------------------------|----------------------------|--------------------------------|------------------------------|
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 11:30 Exercise with | 11:00 SAIDO, CL | Manicure by your VW | Hair Day | Men's Luncheon with | 11:00 SAIDO, CL | 11:30 Exercise with Gwen |
| VW & Music, CR | 1:15 Tai Chi with | 11:00 SAIDO, CL | 11:00 SAIDO, CL | Deacon Fred, CR | 1:15 Tai Chi with | & Music, CR |
| 2:00 Church Service, CL | Michael Porte, CR | 11:30 Exercise with | 1:30 Walking Club | 11:00 SAIDO, CL | Michael Porte, CR | 2:30 Watercolor |
| 3:30 Balloon Toss- | 1:30 Exercise with | Donna & Music, | 2:30 HealthRHYTHMS | 11:30 Exercise with | 1:00 Bus Ride to | Painting- |
| Simone, CL | Stephanie & Music, | CR | & Ribbon Dancing | Enchantra & Music, | American Sign | Stephanie, CL |
| 4:00 Music | CL | 1:30 Java Time with | With DD, CR | CR | Museum | 4:00 Balloon Toss- |
| Performance with | 2:30 Earth Day Facts – | Deacon Fred, CR | 3:30 Jazz Piano Concert | 1:30 Bible Study with | 4:00 Happy Hour, CR | Carren, CL |
| Marci Hedges, | Nakisha, CR | 2:30 Tea Time Listening | with Phil DeGreg | Deacon Fred, CR | 6:00 Bingo with VWs, CL | 6:00 Movie Night with |
| CR | 4:00 Violin and Piano | to Joanne | and Joe LuKasik, | 2:30 Paint & listen to | | Popcorn |
| 6:00 Musical of Choice | with Vince and | Shenandoah, CR | CR | Classical Music- | | |
| | Rick, CR | 3:30 Service Project- | 6:00 Color with VWs | Lillie, CL | | |
| | 6:00 Explore National | Dragonfly | | 4:00 Courtyard Concert- | | |
| | Geographic, Apple TV | Foundation, CL | | Chamber Orchestra | | |
| | | 6:00 Holes, Disney+ | | 6:00 Read out loud, The | | |
| | Earth Day | | | Lorax - Diamond, CR | | |
| | Passover | | | | Arbor Day | |
| 28 | 29 | 30 | | Reminders: Sneeze in the | Activity dates, times and | |
| 11:30 Exercise with | 11:00 SAIDO, CL | Manicure by your VW | | inside of your elbows or | locations are subject to | |
| Enchantra & Music, | 1:15 Tai Chi with | 11:00 SAIDO, CL | Celebrations for the | tissue. Wash your hands | change. | |
| CL | Michael Porte, CR | 11:30 Exercise with | month of April: | frequently. Wet hands, | Snacks will be offered by | |
| 2:00 Church Service, | 1:30 Exercise with Tonya | Briana & Music, | - | Lather with Soap, Scrub | VWs at 2:30p and 7:00p | |
| \mathbf{CL} | & Music, CR | CL | National Garden | for at least 20 seconds, | Every day. | |
| 3:30 Balloon Toss- | 2:30 Baby Animal Cam: | 1:30 Java Time with | Month, Keep America | rinse and dry. Clean | Zvery day. | |
| Diamond, CR | Young and Fun, | Deacon Fred, CR | Beautiful Month, | hands before and after, | | |
| 6:00 Musical of Choice | Netflix | 2:30 Tea Time Listening | National Wildlife | with eating and toileting, | | |
| | 3:30 Pones-Low Impact | To Cat Stevens, CL | Week, Stress | then after blowing nose, | | |
| | Dance Class, CR | 3:00 Donut Tasting, CL | Awareness Month, | | | |
| | 6:00 Explore National | 3:30 HealthRHYTHMS | National Volunteer | cough, or sneezing! | | |
| | Geographic, Apple TV | & Ribbon Dancing | Month, National | | | |
| | | With DD, CR | Poetry Month, and | | | |
| | | 6:00 Cheaper by the | National Humor | | | |
| | | Dozen, Disney+ | Month! | | | |
| | | | Pionen: | | | |