

Deupree House


2024 Life Enrichment & Wellness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 12:50/55 Bus to Hyde Park Plaza 2:00 Movie & Popcorn: The Holdovers (EC) 7:00 Game Night (CR)	9:30-10:15 Aqua Aerobics (P) 10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 1:30 Diane Shields: Queen Victoria (EC) 4:00 Tom Brennan Gallery Opening 5:00 Rosary (C)	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 9:30/35 Bus to Skirball Museum 11:30 Mind Fit (CO) 2:00 Stretch Demo (EC)	9:30-10:15 Aqua Aerobics (P) 9:50/55 Bus to Hyde Park Plaza 10:00 Saint of the Day 11:30 Tai Chi with Michael (EC) 1:00 Duplicate Bridge 1:30 Horticulture Class	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 2:00 Music Class (EC) 6:15/20 Bus to Ballet 7:30 Mamma Mia(EC)	2:00 PM Mamma Mia (EC) 2:00 Knitting (CR) 3:30/35 Bus to St. Mary's Church
7	8	9	10	11	12	13
8:40/45 Bus to HP Methodist 10:00 Sunday Service	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 12:50/55 Bus to Hyde Park Plaza 2:45 Solar Eclipse (CY) 7:00 Poker (C)	9:30 Auxiliary Breakfast (CR) 10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 1:00 Book Club (EC) 1:05/10 Bus to Kenwood/Trader Joe's 2:30 Trivia with Christopher (EC) 4:35/5 Rosary & Mass (C)	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 11:30 Mind Fit (CO) 2:00 Wave Foundation: Sharks	9:30-10:15 Aqua Aerobics (P) 9:50/55 Bus to Hyde Park Plaza 10:00 Saint of the Day 11:30 Tai Chi with Michael (EC) 1:00 Duplicate Bridge Marketing Event in EC	9:30-10:15 Chair Class (EC) 10:45-11:30 Chair Class (EC) 2:00 Music Class (EC) 6:15/20 Bus to Ballet 7:30 Greyhound (EC)	2:00 PM Greyhound (EC) 2:00 Knitting (CR) 3:30/35 Bus to St. Mary's Church
14	15	16	17	18	19	20
8:40/45 Bus to HP Methodist 10:00 Sunday Service 1:10/15 Bus to Pops 2:50/55 Bus to Linton Series	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 12:50/55 Bus to Target/Meijer 3:30/35 Spring Flower Tour 7:00 Poker (CR)	10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 1:30 Diane Shields: Elizabeth II (EC) 5:00 Rosary (C)	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 11:30 Mind Fit (CO) 1:00 Art with Marty (EC) 2:30 Meet with Maisie (CR) 2:30/35 Bus to MPL - Nourishing Minds with Rabbi 7:30 Jade Lin Dance Drama (EC)	9:30-10:15 Aqua Aerobics (P) 9:50/55 Bus to Hyde Park Plaza 10:00 Saint of the Day 11:30 Tai Chi with Michael 1:00 Duplicate Bridge 1:30 Horticulture Class 5:00 Monthly Cocktail Party	9:30-10:15 Chair Class (EC) 10:45-11:30 Chair Class (EC) 2:00 Music Class (EC) 7:30 Driving Miss Daisy (EC)	2:00 PM Driving Miss Daisy (EC) 2:00 Knitting (CR) 3:30/35 Bus to St. Mary's Church 6:15/20 Bus to Symphony



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
8:40/45 Bus to HP Methodist 10:00 Sunday Service 5:00/05 Bus to dinner at Grove Park Grille	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 12:50/55 Bus to HP Plaza 4:00 Resident Council 7:00 Game Night (CR) 	9:30/35 Bus to Polling Station 9:30-10:15 Aqua Aerobics (P) 10:30 Bible Study (CR) 11:30 Tai Chi with Michael (EC) 12:35/40 Bus to Rookwood and Fresh Market 2:00 The Deupree Nice 'N' Easy iPhone Basics (EC) 5:00 Rosary & Mass (C)	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 11:30 Mind Fit (CO) 4:30 Happy Hour with Phil & Joe 7:30 Piano Recital: Nuoya Zhang	9:30-10:15 Aqua Aerobics (P) 9:50/55 Bus to Hyde Park Plaza 10:00 Saint of the Day 11:30 Tai Chi with Michael (EC) 1:00 Duplicate Bridge	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 2:00 Music Class (EC) 7:30 Wonka (EC)	2:00 PM Wonka (EC) 2:00 Knitting (CR) 3:30/35 Bus to St. Mary's Church 6:15/20 Bus to Symphony
28	29	30				
8:40/45 Bus to HP Methodist 10:00 Sunday Service	9:30-10:15 Chair Class (EC) 10:15-10:30 Balance Class 10:45-11:30 Chair Class (EC) 12:50/55 Bus to Hyde Park Plaza 1:30 Fall Risk Talk with Emily Keeping (EC) 7:00 Game Night (CR)	9:30-10:15 Aqua Aerobics (P) 10:30 Bible Study (CR) 11:30 Tai Chi with Michael 2:30 Trivia with Christopher (EC) 5:00 Rosary (C)				