



# March Cottage Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>CR=Craftsman</b> <b>CL=Colonial</b> <b>*= Music</b> <b>Performances of</b> <b>Creative Aging</b> <b>Cincinnati</b> <b>Membership</b>	<b>Reminders: Sneeze in</b> <b>the inside of your elbows</b> <b>or tissue. Wash your</b> <b>hands frequently. Wet</b> <b>hands, Lather with</b> <b>Soap, Scrub for at least</b> <b>20 seconds, rinse and</b> <b>dry. Clean hands before</b> <b>and after, with eating</b> <b>and toileting, then after</b> <b>blowing nose, cough, or</b>  <b>sneezing!</b>				<b>1</b> <b>11:00 SAIDO, CL</b> <b>1:15 Tai Chi with Michael</b> <b>Porte, CR</b> <b>2:00 Exercise with Donna</b> <b>&amp; Music, CR</b> <b>2:30 Maya Angelou</b> <b>Poetry Reading-</b> <b>Leslie, CR</b> <b>4:00 Happy Hour, CL</b> <b>6:00 Animal Bingo, CR</b>	<b>2</b> <b>11:30 Exercise with</b> <b>Stephanie &amp;</b> <b>Music, CL</b> <b>1:30 Puzzle Hour</b> <b>2:30 Watercolor</b> <b>Painting –</b> <b>Eunique, CR</b> <b>4:00 Balloon Toss -</b> <b>Sherry, CR</b> <b>6:00 Movie Night with</b> <b>Popcorn</b>
<b>3</b> <b>11:30 Exercise with</b> <b>Gwen &amp; Music,</b> <b>CR</b> <b>2:00 Church Service,</b> <b>CL</b> <b>3:30 Balloon Toss-</b> <b>Enchantra, CL</b> <b>4:00 Music</b> <b>Performance with</b> <b>Marci Hedges,</b> <b>CR</b> <b>6:00 Musical of Choice</b>	<b>4</b> <b>11:00 SAIDO, CL</b> <b>1:15 Tai Chi with</b> <b>Michael Porte, CR</b> <b>1:30 Exercise with</b> <b>Tierra &amp; Music,</b> <b>CR</b> <b>2:30 Hot Cocoa Bar, CL</b> <b>4:00 Piano Concert with</b> <b>Cliff Adams, CR</b> <b>6:00 Explore National</b> <b>Geographic, Apple TV</b>	<b>5</b> <b>Manicure by your VW</b> <b>11:00 SAIDO, CL</b> <b>1:30 March Trivia -</b> <b>Nakisha, CR</b> <b>2:30 Chair Yoga with</b> <b>RN Marta</b> <b>Vennemann, CR</b> <b>3:00 Tea Time Listening to</b> <b>Lesley Gore, CL</b> <b>3:30 American Women</b> <b>Athletes Who Broke</b> <b>Barriers - Briana, CL</b> <b>6:00 Motocrossed,</b> <b>Disney+</b>	<b>6</b> <b>Hair Day</b> <b>11:00 SAIDO, CL</b> <b>11:00 Lyrica-Piano and</b> <b>Flute Duo, CR</b> <b>1:30 Walking Club</b> <b>2:30 Milestones in</b> <b>Women's History</b> <b>from the Year You</b> <b>Were Born-</b> <b>Tonya, CL</b> <b>3:30 HealthRHYTHMS</b> <b>&amp; Ribbon Dancing</b> <b>With DD, CR</b> <b>6:00 Color with VWs</b>	<b>7</b> <b>Happy Birthday Charlotte</b> <b>Reinhold</b> <b>Men's Luncheon with</b> <b>Deacon Fred, CR</b> <b>11:00 SAIDO, CL</b> <b>1:30 Bible Study with</b> <b>Deacon Fred, CR</b> <b>2:00 Baking with RN</b> <b>Taylor, CR</b> <b>3:00 Ballet Tech of</b> <b>Ohio, Petite</b> <b>Ballerinas, CR</b> <b>6:00 Read out loud, Who was</b> <b>Clara Barton?- Janet, CR</b>	<b>8</b> <b>11:00 SAIDO, CL</b> <b>1:15 Tai Chi with</b> <b>Michael Porte, CR</b> <b>2:00 Exercise with Cassie</b> <b>&amp; Music, CL</b> <b>2:30 Women of Impact:</b> <i>Changing the World,</i> <b>Disney+</b> <b>4:00 Happy Hour, CL</b> <b>6:00 Bingo, CR</b>  <b>International</b> <b>Women's Day</b>	<b>9</b> <b>11:30 Exercise with</b> <b>Leslie &amp; Music,</b> <b>CR</b> <b>1:30 Puzzle Hour</b> <b>2:30 Watercolor</b> <b>Painting- Lillie, CL</b> <b>3:30 Celtic Cello Music</b> <b>with Angela Bolan,</b> <b>CR</b> <b>4:00 Balloon Toss-</b> <b>Shannon, CL</b> <b>6:00 Movie Night with</b> <b>Popcorn</b>
<b>10</b> <b>11:30 Exercise with</b> <b>Briana &amp; Music,</b> <b>CL</b> <b>2:00 Church Service,</b> <b>CL</b> <b>3:30 Balloon Toss-</b> <b>Marie, CR</b> <b>7:00 The Oscars, ABC</b>  <b>Daylight Savings</b> <b>Time</b>	<b>11</b> <b>11:00 SAIDO, CL</b> <b>1:15 Tai Chi with</b> <b>Michael Porte, CR</b> <b>1:30 Exercise with Kayla</b> <b>&amp; Music, CR</b> <b>3:00 Opera in Concert,</b> <b>CR</b> <b>4:00 Violin and Piano</b> <b>with Vince and</b> <b>Rick, CR</b> <b>6:00 Explore National</b> <b>Geographic, Apple TV</b>	<b>12</b> <b>Manicure by your VW</b> <b>11:00 SAIDO, CL</b> <b>11:30 Exercise with</b> <b>Simone &amp; Music, CL</b> <b>1:30 Java Time with</b> <b>Deacon Fred, CR</b> <b>2:30 Tea Time Listening</b> <b>to Etta James, CL</b> <b>3:30 HealthRHYTHMS</b> <b>&amp; Ribbon Dancing</b> <b>With DD, CR</b> <b>6:00 Erikson Academy</b> <b>Irish Dancers</b>	<b>13</b> <b>Hair Day</b> <b>11:00 SAIDO, CL</b> <b>11:00 Lyrica-Piano and</b> <b>Flute Duo, CR</b> <b>1:30 Walking Club</b> <b>2:30 Welcome Service</b> <b>Coordinator Kara</b> <b>Baumhardt!, CL</b> <b>3:30 1930's Trivia with</b> <b>Marie, CR</b> <b>6:00 Color with VWs</b>	<b>14</b> <b>Men's Luncheon with</b> <b>Deacon Fred, CR</b> <b>10:00 Horticulture</b> <b>11:00 SAIDO, CL</b> <b>11:30 Exercise with Donna &amp;</b> <b>Music, CR</b> <b>1:30 Bible Study with</b> <b>Deacon Fred, CR</b> <b>4:00 Digital Accordion and</b> <b>Clarinet with Sally &amp;</b> <b>Joe LuKasik, CR</b> <b>6:00 Read out loud,</b> <i>Biographies of Historical</i> <i>Female Authors-</i> <i>Madeline, CR</i>	<b>15</b> <b>11:00 SAIDO, CL</b> <b>1:30 Exercise with</b> <b>Nakisha &amp; Music, CR</b> <b>2:30 Sylvia Plath Poetry</b> <b>Reading - Tonya, CL</b> <b>3:30 Stuff Eggs, CL</b> <b>4:00 Happy Hour, CL</b> <b>6:00 Bird Bingo, CR</b>	<b>16</b> <b>11:30 Exercise with</b> <b>&amp; Music, CL</b> <b>1:30 Puzzle Hour</b> <b>2:30 Watercolor</b> <b>Painting-</b> <b>Eunique, CR</b> <b>3:30 Easter Egg Hunt</b> <b>4:00 Balloon Toss-</b> <b>Carren, CL</b> <b>6:00 Movie Night with</b> <b>Popcorn</b>

# March Cottage Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> <b>11:30</b> Exercise with Gwen & Music, CR <b>1:00</b> History of St. Patrick's Day & Story of St. Patrick-Stephanie, CL <b>2:00 Church Service, CL</b> <b>3:00</b> <i>Luck of the Irish</i> , Disney+ <b>6:00</b> Musical of Choice  <b>St. Patrick's Day</b>  <b>March Madness Begins</b>	<b>18</b> <b>Happy Birthday Pat Landen</b> <b>11:00 SAIDO, CL</b> <b>1:15</b> Tai Chi with Michael Porte, CR <b>1:30</b> Exercise with Lillie & Music, CL <b>2:30</b> Hot Cocoa Bar, CR <b>3:00 Cincinnati Opera, CR</b> <b>6:00</b> Explore National Geographic, Apple TV	<b>19</b> Manicure by your VW <b>11:00 SAIDO, CL</b> <b>1:30 Java Time with Deacon Fred, CR</b> <b>2:00</b> Exercise with Nakisha & Music, CR <b>2:30</b> Tea Time Listening to Doris Day, CL <b>3:00 Service Project for Interparish Food Pantry, CR</b> <b>6:00</b> <i>Brave</i> , Disney+	<b>20</b> Hair Day <b>11:00 SAIDO, CL</b> <b>1:30</b> Walking Club <b>2:30 Art Therapy with Marty Santos, CR</b> <b>3:30</b> HealthRHYTHMS & Ribbon Dancing With DD, CR <b>4:00</b> Balloon Toss- Tierra, CR <b>6:00</b> Color with VWs  <b>First Day of Spring</b>	<b>21</b> <b>Men's Luncheon with Deacon Fred, CR</b> <b>11:00 SAIDO, CL</b> <b>11:30</b> Exercise with Donna & Music, CR <b>1:30 Resident Council, CL</b> <b>2:00 Bible Study with Deacon Fred, CL</b> <b>2:30</b> Paint while listening to Classical Music- Lillie, CL <b>3:00 Sonny Hill Trio, CR</b> <b>6:00</b> Read out loud, <i>The Velveteen Rabbit</i> – Sherry, CR	<b>22</b> <b>Happy Birthday Ted Weiss</b> <b>11:00 SAIDO, CL</b> <b>1:15</b> Tai Chi with Michael Porte, CR <b>1:30</b> Exercise with Kayla & Music, CR <b>2:30</b> Phyllis Wheatley Poetry Reading- Cassie, CL <b>4:00</b> Happy Hour, CR <b>6:00</b> Bingo, CR	<b>23</b> <b>11:30</b> Exercise with Leslie & Music, CR <b>2:30</b> Watercolor Painting- Briana, CL <b>3:30</b> Karaoke- Simone, CL <b>4:00</b> Balloon Toss- Karrie, CR <b>6:00</b> Movie Night with Popcorn
<b>24</b> <b>11:30</b> Exercise with Tonya & Music, CL <b>2:00 Church Service, CL</b> <b>4:00 Music Performance with Marci Hedges, CR</b> <b>6:00</b> Musical of Choice  <b>Palm Sunday</b>	<b>25</b> <b>Happy Birthday Mary Tanke</b> <b>11:00 SAIDO, CL</b> <b>1:15</b> Tai Chi with Michael Porte, CR <b>1:30</b> Exercise with Tierra & Music, CR <b>2:30</b> Milkshakes, CL <b>4:00 Violin and Piano with Vince and Rick, CR</b> <b>6:00</b> Explore National Geographic, Apple TV	<b>26</b> Manicure by your VW <b>11:00 SAIDO, CL</b> <b>2:00</b> Exercise with Simone & Music, CL <b>2:30</b> Tea Time Listening to Nina Simone, CL <b>3:30</b> HealthRHYTHMS & Ribbon Dancing With DD, CR <b>6:00</b> <i>The Princess Diaries</i> , Disney+	<b>27</b> Hair Day <b>11:00 SAIDO, CL</b> <b>1:30</b> Walking Club <b>2:30</b> Spring Reminiscing- Nakisha, CR <b>3:30 Jazz Piano Concert with Phil DeGreg and Joe LuKasik, CR</b> <b>6:00</b> Color with VWs	<b>28</b> <b>Men's Luncheon with Deacon Fred, CR</b> <b>11:00 SAIDO, CL</b> <b>1:30 Bible Study with Deacon Fred, CR</b> <b>2:30</b> March Fun Facts- Cassie, CL <b>3:30</b> Easter Island Unsolved, Disney+ <b>6:00</b> Read out loud, <i>Chicken Soup for the Soul: Messages from Heaven and Other Angels</i> – Latoyia, CR	<b>29</b> <b>11:00 SAIDO, CL</b> <b>1:15</b> Tai Chi with Michael Porte, CR <b>1:30</b> Exercise with Donna & Music, CR <b>2:30 Church Service, CR</b> <b>4:00</b> Happy Hour, CR <b>6:00</b> Bingo, CR  <b>Good Friday</b>	<b>30</b> <b>11:30</b> Exercise with Eunique & Music, CR <b>2:30</b> Watercolor Painting- Gwen, CR <b>3:30</b> Karaoke- Karrie, CL <b>4:00</b> Balloon Toss- Janet, CR <b>6:00</b> Movie Night with Popcorn
<b>31</b> <b>11:30</b> Exercise with Stephanie & Music, CL <b>2:00 Church Service, CL</b> <b>3:00</b> <i>Peter Rabbit</i> , DVD <b>6:00</b> Musical of Choice  <b>Easter</b>					Activity dates, times and locations are subject to change. Snacks will be offered by VWs at 2:30p and 7:00p Every day.	