


SUNDAY	MONDAY	TUESDAY	WEDNESDAY
	1 10:30 Exercise – LH 3:30 Word In Words-LH “Resolution ” 6:30 Letters of Friendship-LH	2 10:30 Exercise –LH 10:30 Shopping Trip-LH 3:30 Bingo –LH 6:30 Nail Salon-LH	3 10:30 Exercise -LH 4:00- Happy Hour-LH 6:30 Puzzle Challenge-LH
7 10:30 Worship Service-SLC 10:30 Catholic Mass - WHAS Channel 11 6:00 Classic Gospel on KET 15	8 10:30 Exercise – LH 2:00 Tea Cup Chat -LH 3:30 Word In Words-LH “Snowman ” 6:30 Letters of Friendship-LH	9 10:30 Exercise –LH 10:30 Shopping Trip-LH 3:30 Bingo –LH 6:30 Nail Salon-LH	10 10:30 Exercise -LH 4:00- Happy Hour-LH 6:30 Puzzle Challenge-LH
14 10:30 Worship Service-SLC 10:30 Catholic Mass - WHAS Channel 11 6:00 Classic Gospel on KET 15	Martin Luther King Day 15 10:30 Exercise – LH 3:30 Word In Words- LH “ Snowflake ” 6:00 Prime Video: Coming for the King (Martin L King) -LH	16 10:30 Exercise - LH 10:30 Shopping Trip-LH 3:30 Bingo -LH 6:30 Nail Salon -LH	17 10:30 Exercise –LH 4:30 Happy Hour-LH 6:30 Puzzle Challenge-LH
21 10:30 Worship Service-SLC 10:30 Catholic Mass - WHAS Channel 11 3:30 Tyrone Cotton- PC 6:00 Classic Gospel on KET 15	22 10:30– Exercise LH 3:30 Monthly Birthday Party 6:30 Letters of Friendships-LH	23 10:30 Exercise - LH 10:30 Shopping Trip-LH 3:30 Bingo- LH 6:30 Word In Words-LH “Families ”	24 10:30 Exercise – LH 4:00- Happy Hour -LH 6:30 Puzzle Challenge -LH
28 10:30 Worship Service-SLC 10:30 Catholic Mass - WHAS Channel 11 2:30-Youth Musicians of KY-R 6:00 Classic Gospel on KET 15	29 10:30 Exercise – LH 3:30 Word In Words-LH “Happiness” 6:30 Letters of Friendship-LH	30 10:30 Exercise – LH 10:30- Shopping Trip-LH 3:30 Bingo - LH 6:30 Shades of Color-LH	31 10:30 Exercise – LH 2:00 WB Nail Salon -LH 4:00- Happy Hour -LH 6:30 Puzzle Challenge -LH

THURSDAY	FRIDAY	SATURDAY	HIGHLIGHTS
<p style="text-align: right;">4</p> <p>10:30 Exercise – LH</p> <p>11:00 Baking in the Kitchen –LH</p> <p>3:30 Bingo & Popcorn-LH</p>	<p style="text-align: right;">5</p> <p>10:30 Exercise -LH</p> <p>3:30 Documentary: Secret Life of The World's Busiest Airport -LH</p> <p>6:30 Trivia Challenge -LH</p>	<p style="text-align: right;">6</p> <p>10:30 Morning Stretches-LH</p> <p>2:30 Movie Matinee-LH Resident Choice- Prime TV</p> <p>7:00 Antique Roadshow-LH</p>	 <p><i>Come Join Us Every Other Saturday for Gift Basket Bingo @ 3:30pm</i></p>  <p><i>Join us for a Documentary Series: Secret Life of...? Fridays @ 3:30pm</i></p> <p>Location Key Code</p> <p>AC - Activity Center DR - Dining Room LR - Living Room K - Kitchen PC - Personal Care NF - Nursing Facility LH - Lyndon House R- Rotunda SLC - St Luke Chapel WRE - Westport Road Entrance</p> <p>*Activities Location/ Time Are Subject To Change</p> <p>Attendance Key Code Pink = Passive Blue = Decline Yellow = Active</p> <p>Household Coordinators: Cyndi Kerton – NF Bryan Berman - PC</p>
<p style="text-align: right;">11</p> <p>10:30 Exercise – LH</p> <p>11:00 Hot Chocolate & Conversation(MLK) – LH</p> <p>2:00 Let's Craft - LH</p> <p>3:30 Bingo & Popcorn-LH</p>	<p style="text-align: right;">12</p> <p>10:30 Exercise -LH</p> <p>11:00 Balloon Toss -LH</p> <p>3:30 Documentary: Secret Life of The Hospital-LH</p> <p>7:00 Wheel Watchers-LH</p>	<p style="text-align: right;">13</p> <p>10:30 Morning Stretches-LH</p> <p>3:30 Gift Basket Bingo-LH</p> <p>7:00 CBS 60 Minutes- LH</p>	
<p style="text-align: right;">18</p> <p>10:30 Exercise -LH</p> <p>11:00 Baking in the Kitchen –LH</p> <p>2:30 The Talents of Greg V. –LH</p> <p>3:30 Bingo & Popcorn-LH</p>	<p style="text-align: right;">19</p> <p>10:30 Exercise -LH</p> <p>3:30 Documentary : Secret Life on The Cruise -LH</p> <p>6:30 Trivia Challenge -LH</p>	<p style="text-align: right;">20</p> <p>10:30 Morning Stretches-LH</p> <p>2:30 Movie Matinee -LH Resident Choice- Prime TV</p> <p>7:00 Antique Roadshow-LH</p>	
<p style="text-align: right;">25</p> <p>10:30 Exercise - LH</p> <p>11:00 Resident Council -LH</p> <p>3:30 Bingo & Popcorn- LH</p>	<p style="text-align: right;">26</p> <p>10:30 Exercise -LH</p> <p>3:30 Documentary: Secret Life on The Long Haul Flight -LH</p> <p>6:30 Wheel Watchers-LH</p>	<p style="text-align: right;">27</p> <p>10:30 Morning Stretches-LH</p> <p>2:30 Movie Matinee -LH Resident Choice- Prime TV</p> <p>3:30 Gift Basket Bingo -LH</p> <p>7:00 CBS 60 Minutes -LH</p>	
<p style="text-align: center;">Episcopal Church Home January 2024 Lyndon House</p>			