




SUNDAY	MONDAY	TUESDAY	WEDNESDAY
	<p style="text-align: center;">Episcopal Church Home March 2024 Lyndon House</p>		
<p style="text-align: right;">3</p> <p>10:30 Worship Service-SLC</p> <p>10:30 Catholic Mass - WHAS Channel 11</p> <p>6:00 Classic Gospel on KET 15</p>	<p style="text-align: right;">4</p> <p>10:30 Exercise – LH</p> <p>2:00 Tea Cup Chat -LH</p> <p>3:30 Word In Words-LH “ Shamrock ”</p> <p>6:30 Letters of Friendship-LH</p>	<p style="text-align: right;">5</p> <p>10:30 Exercise –LH</p> <p>10:30 Shopping Trip-LH</p> <p>3:30 Bingo –LH</p> <p>6:30 Nail Salon-LH</p>	<p style="text-align: right;">6</p> <p>10:30 Exercise -LH</p> <p>3:00 Book Talk w/Cheryl-LH</p> <p>4:00- Happy Hour-LH</p> <p>6:30 Puzzle Challenge-LH</p>
<p style="text-align: right;">10</p> <p>10:30 Worship Service-SLC</p> <p>10:30 Catholic Mass - WHAS Channel 11</p> <p>6:00 Classic Gospel KET 15</p>	<p style="text-align: right;">11</p> <p>10:30 Exercise – LH</p> <p>3:30 Word In Words- LH “ Leprechaun ”</p> <p>6:30 - Board Games-LH</p>	<p style="text-align: right;">12</p> <p>10:30 Exercise - LH</p> <p>10:30 Shopping Trip-LH</p> <p>2:00 Bible Study- SLC</p> <p>3:30 Bingo –LH</p> <p>6:30 Nail Salon -LH</p>	<p style="text-align: right;">13</p> <p>10:30 Exercise –LH</p> <p>4:00 Happy Hour-LH</p> <p>6:30 Puzzle Challenge-LH</p>
<p>St. Patrick's Day 17</p> <p>10:30 Worship Service-SLC</p> <p>10:30 Catholic Mass - WHAS Channel 11</p> <p>3:30 Tyrone Cotton- PC</p> <p>6:00 Classic Gospel on KET 15</p>	<p style="text-align: right;">18</p> <p>10:30– Exercise LH</p> <p>3:30 Monthly Birthday Party</p> <p>6:30 Letters of Friendships-LH</p>	<p style="text-align: right;">19</p> <p>10:30 Exercise - LH</p> <p>10:30 Shopping Trip-LH</p> <p>3:30 Bingo- LH</p> <p>6:30 Word In Words-LH “Wolfhound ”</p>	<p style="text-align: right;">20</p> <p>10:30 Exercise – LH</p> <p>3:00 Book Talk w/Cheryl-LH</p> <p>4:00- Happy Hour -LH</p> <p>6:30 Puzzle Challenge -LH</p>
<p style="text-align: right;">24</p> <p>10:30 Worship Service-SLC</p> <p>10:30 Catholic Mass - WHAS Channel 11</p> <p>6:00 Classic Gospel on KET 15</p>	<p style="text-align: right;">25</p> <p>10:30 Exercise – LH</p> <p>3:30 Word In Words-LH “Everything ”</p> <p>6:30 Board Games-LH</p>	<p style="text-align: right;">26</p> <p>10:30 Exercise – LH</p> <p>10:30- Shopping Trip-LH</p> <p>3:30 Bingo - LH</p> <p>6:30 Shades of Color-LH</p>	<p style="text-align: right;">27</p> <p>10:30 Exercise – LH</p> <p>2:00 WB Nail Salon -LH</p> <p>4:00- Happy Hour -LH</p> <p>6:30 Puzzle Challenge -LH</p>
<p>Easter Sunday 31</p> <p>10:30 Worship Service- SLC</p> <p>10:30 Catholic Mass WHAS Channel 11</p> <p>6:00 Classic Gospel on KET 15</p>			

THURSDAY	FRIDAY	SATURDAY	HIGHLIGHTS
	1 10:30 Exercise -LH 11:00 Wordle -LH 3:30 Documentary: The Maiden Voyage -LH 7:00 Wheel Watchers -LH	2 10:30 Morning Stretches-LH 2:30 Movie Matinee-LH Resident Choice- Prime TV 7:00 Antique Roadshow-LH	 <p>Book Talk w/Cheryl Wednesday the 6th & the 20th @ 3:00pm</p>  <p>Join us for a Documentary Series: <i>Travels by Narrowboat</i> Fridays @ 3:30pm</p> <p>Location Key Code AC - Activity Center DR - Dining Room LR - Living Room K - Kitchen PC - Personal Care NF - Nursing Facility LH - Lyndon House R- Rotunda SLC - St Luke Chapel WRE - Westport Road Entrance</p> <p>*Activities Location/ Time Are Subject To Change</p> <p>Attendance Key Code Pink = Passive Blue = Decline Yellow = Active</p> <p>Household Coordinators: Cyndi Kerton – NF Bryan Berman - PC</p>
7 10:30 Exercise – LH 11:00 Baking in the Kitchen – LH 2:00 Let's Craft - LH 3:30 Bingo & Popcorn-LH	8 10:30 Exercise -LH 11:00 Trivia Challenge -LH 3:30 Documentary: The Tunnel & The Light-LH 7:00 Wheel Watchers-LH	9 10:30 Morning Stretches-LH 3:30 Gift Basket Bingo–LH 7:00 CBS 60 Minutes- LH	
14 10:30 Exercise -LH 11:00 Fun Facts : Ireland–LH 3:30 Bingo & Popcorn-LH	15 10:30 Exercise -LH 11:00 Wordle -LH 3:30 Documentary : Paradise Found –LH 7:00 Wheel Watchers -LH	16 10:30 Morning Stretches-LH 2:30 Movie Matinee -LH Resident Choice- Prime TV 7:00 Antique Roadshow-LH	
21 10:30 Exercise - LH 11:00 Resident Council –LH 2:30 <i>The Talents of Greg V. –LH</i> 3:30 Bingo & Popcorn- LH	22 10:30 Exercise -LH 11:00 Trivia Challenge -LH 3:30 Documentary: Lazy Days & Childhood Ways -LH 7:00: Wheel Watchers-LH	23 10:30 Morning Stretches-LH 3:30 Gift Basket Bingo -LH 7:00 CBS 60 Minutes -LH	
Maundy Thursday 28 10:30 Exercise -LH 11:00 Baking in the Kitchen –LH 11:15 Chapel Service-SLC 3:30 Bingo & Popcorn w/ Westport Middle School-LH	Good Friday 29 10:30 Exercise -LH 11:15-Chapel Service-SLC 3:30 Documentary: Close Encounters of the Tedious Kind -LH 7:00 Wheel Watchers-LH	30 10:30 Morning Stretches-LH 2:30 Movie Matinee -LH Resident Choice- Prime TV 7:00 Antique Roadshow-LH	

