

Episcopal Church Home

Newsletter & Activities Calendar

August 2018

MEMORY CARE | LONG-TERM CARE | SHORT-TERM REHAB | PERSONAL CARE



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- Summer
- ❖ Neighborhood
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Independence Day at ECH

We had an exciting and fun filled Independence Day at ECH! Residents and staff dressed in their most patriotic attire and fun was had on all the neighborhoods around our community. Our annual “Christmas in July” tree was also a fun addition to our rotunda for all to see. Dining services and our Life Enrichment staff also provided classic American staples like grilled hot dogs and American flag cakes for residents to enjoy



Happy Birthday to You!

August Birthdays

Joseph Parker	08-01
Carolyn Lewis	08-10
Rosemary Feldkamp	08-11
Burton Harris	08-13
Patsy Maupin	08-14
John Rogers	08-16
Mike Bivins	08-21
Dennis Welch	08-24
Joyce Eye	08-26
Joe Ann Fenley	08-28
Ann Klarer	08-28
Mary McFadden	08-31
Phillip Cochran	08-31



Dudley Square Birthdays

Mary Ruth Theuer	08-02
Charles Castner	08-03
Carol Mead	08-03
AL Cassidy	08-07
Betty Wiegand	08-09
Cheryl Boone	08-12
Sue Padgett	08-27



ECH Board of Directors Corner

It gives us great pleasure to announce that the renovation project for our Memory Care Center of Excellence (MCCE) is well underway. Ridge Stone Builders began working on this project on July 9th and is expected to complete Phase 1 of the renovation project by mid-September. Each phase of the project is expected to take approximately 2.5 months. After each phase is completed, one week will be devoted to moving residents into another area in preparation of the next phase. This project will be completed within 8 phases and will take 2 years to complete.

To prevent renovation fatigue, we will complete 2 phases on MCCW then move to MCCE to complete 2 additional phases of the project. We will continue in this manner until we complete all 8 phases of the project.

On July 5th, we shared the designs and furniture selections with residents and family members and received positive feedback. Our residents and family members are excited about this project and cannot wait to see the end result.



Volunteer Appreciation Luncheon

Volunteers at Episcopal Church Home are an essential part of everyday life. Youth volunteers from local high schools and adult volunteers from around the community donate their time to help serve our residents. Every year we take a moment to say thank you and serve our volunteers at our annual Volunteer Appreciation Luncheon. This year's theme was "Under the Sea" and it was quite an event to see! Our volunteers were served delicious mini crab cakes and shrimp cocktail followed by an entrée of seared halibut with roasted asparagus and mushroom risotto. Assorted cupcakes, cookies, lemon bars, and brownies were served for dessert. It was truly an elegant affair.

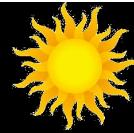


For information about volunteer opportunities,
please contact Ashley Alexander at AshelyA@echky.org.





Dog Days of Summer



What do the dog days of summer mean?

Dog Days. plural noun

1. The sultry part of the summer, supposed to occur during the period that Sirius, the Dog Star, rises at the same time as the sun: now often reckoned from Sunday, July 22 to Thursday, August 23.
2. A period marked by lethargy, inactivity, or indolence.



Where did the term dog days of summer?

The ancient Romans called the hottest, most humid days of summer “diēs caniculārēs” or “dog days.” The name came about because they associated the hottest days of summer with the star Sirius. Sirius was known as the “Dog Star” because it was the brightest star in the constellation Canis Major (Large Dog).

The Dog Star Sirius

- * The Old Farmer's Almanac for Kids tells us all about the Dog Star, Sirius! Here are some of the most important facts.
- * Sirius is the brightest star in the sky, if you don't count the Sun.
- * Under the right conditions, it can even be seen with the naked eye during the day.
- * Sirius is one star in a group of stars that form the constellation Canis Major, meaning “Greater Dog.”
- * It's no surprise, then, that the nickname of this big, bold star is Dog Star.

So during the Dog Days of summer Visit the Receptionist Desk and fill out your guess! We want you to tell us how many “dog bone” candies you think are in the jar. We will draw a winner on Thursday, August 23rd at 3:30p.m. You cannot go over total amount. One guess per person.

The winners will receive a \$25 gift card



ECH Neighborhood Picnics



Resident Social Outings

Some of our Memory Care Center of Excellence enjoyed food and fellowship at McAllister's. The residents enjoyed the meal and the service!





7504 Westport Road
Louisville, KY 40222

News from Canterbury Court

This month's theme in Canterbury Court is "Travel to China".

Join us in August to enjoy delicious cuisine with an Asian flare on the following dates:

Wednesday, August 8th

Teriyaki Chicken with Lomein Noodles for dinner



Wednesday, August 16th

Egg Rolls during happy hour

Wednesday, August 22nd

Mongolian Beef with Sesame Vegetables for dinner

Sunday, August 26th

Chinese Buffet at lunch time

