

Do you need a speaker for a group gathering?

Our team of highly experienced retirement living, healthcare and long-term care professionals present to audiences on a wide variety of topics. We provide the Speakers Bureau services at no cost to you as part of our mission to serve the community. The following is a sampling of some of the topics we offer. We may also be able to help tailor a presentation to meet your group's specific needs.

Caregivers, family and friends

- Parenting your parent
- Helping loved ones adjust to a nursing home Transform aging through technology
- Preventing falls and other accidents
- Care for the caregiver

Understanding aging

- Understanding the normal changes
- Depression in older adults
- Elder etiquette: tips for working with older clients

Spirituality

- Finding spirituality in everyday living
- Building a Parish Health Ministry program
- The healing power of faith

Health and wellness

- Laughter is the best medicine
- The six dimensions of wellness
Healthy cooking
- Stress reduction
- What is your personality type?
Exercise and fitness for older adults
Brain fitness and dementia

Housing options for seniors

- Choosing a retirement community
- The Person-Centered Care approach
- Financial considerations for care
- Senior living options
- Preparing for admission to a nursing home

To schedule a presentation, contact:

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