



**Gluten Free Therapeutic Meals**

<b>Site</b>	<b>Senior's</b>	
<b>Phone</b>	<b>Name</b>	
<b>Received</b>	<b>Delivery</b>	
<b>Date</b>	<b>Day:</b>	<b>Week</b>
<b># of</b>	<b>Delivery</b>	
<b>Meals</b>	<b>Date:</b>	<b>Route</b>

**NOTE: ALL Therapeutic meals require a doctor's order.**  
Please send in your orders 1 week before you need delivery

Each Meal includes 1 Half Pint of 1% Milk

<p><b>Chicken Tikka Masala (spicy)</b> w/ <b>Brown Rice</b>, Broccoli, Carrots, Applesauce, and White Cheddar Popcorn</p>	
<p><b>Fried Egg &amp; Turkey Sausage</b>, Red Skin Potatoes, Green Beans, 100% Orange Juice, Gluten Free Bread, and Margarine</p>	
<p><b>Grilled Chicken Breast</b>, Green Beans, Squash, Pears, Gluten Free Bread, and Margarine</p>	
<p><b>Hamburger Patty</b>, Potato Wedges, Broccoli, Pineapple, and Gluten Free Bread</p>	

<p><b>Hawaiian Pineapple Ham</b>, Peas, Mashed Sweet Potatoes, Peaches, Gluten Free Bread, and Margarine</p>	
<p><b>Smoked Turkey Sausage w/</b> <b>Sauerkraut</b>, Mashed Potatoes, Green Beans, Pineapple, and Gluten Free Bread</p>	
<p><b>Swiss Steak w/ Tomatoes, Peppers, &amp;</b> <b>Onions</b>, Carrots and O'Brien Potatoes, Applesauce, Gluten Free Bread, and Margarine</p>	
<p><b>NO MILK per client request</b></p>	

