



Beneficial Choices Therapeutic Meals

Renal Therapeutic Meals

Site		Senior's			
Phone	(513) 561-8150	Name			
Received		Delivery			
Date		Day:		Week	
# of		Delivery			
Meals		Date:	Renal	Route	

NOTE: ALL Therapeutic meals require a doctor's order. Please send in your orders 1 week before you need delivery

Beef & Noodles, Capri Vegetables, Applesauce, and Cinnamon Teddy Grahams	Fried Egg & Turkey Sausage, Red Skin Potatoes, Green Beans, Pears, and sugar free Cookie - NEW	Rotini Pasta & Meatloaf, Brussel Sprouts, Squash, Cranberry Juice Cocktail, and Cinnamon Teddy Grahams	
Beef Vegetable Teriyaki (contains mushrooms) w/ Brown Rice, Broccoli, and Baked Cinnamon Apples - NEW	Grilled Chicken Breast, Green Beans, Squash, Pineapple, and sugar free Cookie	Spaghetti w/Meat Sauce, Italian Vegetables, Parmesan Cheese, Wheat Roll, Promise Spread, and Cranberry Juice Cocktail	
Cheese Pizza on Whole Grain Crust, Peas & Onions, Carrot Coins, and Peaches	c.f. Omelet w/Turkey Sausage Patty, Carrot Coins, Baked Cinnamon Apple slices, and Fig Bar	Tilapia Fillet w/Mushrooms, Onions and Thyme, Cauliflower Puree, French Green Beans, and Applesauce, Sponge Cake	
Crunchy Cod w/Panko Bread Crumbs, Egg Noodles, Green Beans, Squash, and Pineapple	Rosemary Chicken, Cauliflower, Broccoli, Pears, and Chocolate Sponge Cake	Turkey Burger w/Peas, Carrots, Applesauce, and Cinnamon Teddy Grahams	

