




SUNDAY	MONDAY	TUESDAY	WEDNESDAY
		1	2
		10:30 Exercise – LH 10:30- Shopping Trip-LH 3:30 Bingo - LH 6:30 Shades of Color-LH	10:30 Exercise – LH 11:00 Wordle-LH 4:00- Happy Hour –LH 6:30 Puzzle Challenge -LH
6	7	8	9
10:30 Worship Service-SLC 10:30 Catholic Mass - WHAS Channel 11 6:00 Classic Gospel on KET 15	10:30 Exercise – LH 2:00 Afternoon Stretches -LH 3:30 Word In Words-LH “ Superpower ” 6:30 Letters of Friendship-LH	10:30 Exercise –LH 10:30 Shopping Trip –LH 2:30 Discuss Author -C.S. Lewis-SLC 3:30 Bingo –LH 6:30 Nail Salon-LH	10:30 Exercise -LH 11:00 Wordle-LH 1:00 Art with Bea –LH 4:00- Happy Hour-LH 6:30 Puzzle Challenge-LH
13	14	15	16
10:30 Worship Service-SLC 10:30 Catholic Mass - WHAS Channel 11 6:00 Classic Gospel KET 15	10:30 Exercise – LH 2:00 Afternoon Stretches LH 3:30 Word In Words- LH “ Faithful ” 6:30 - Board Games-LH	10:30 Exercise - LH 10:30 Shopping Trip-LH 2:30 Discuss Author -C.S. Lewis-SLC 3:30 Bingo –LH 6:30 Nail Salon -LH	10:30 Exercise –LH 11:00 Wordle-LH 4:00 Happy Hour-LH 6:30 Puzzle Challenge-LH
20	21	22	23
10:30 Worship Service-SLC 10:30 Catholic Mass - WHAS Channel 11 3:30 Tyrone Cotton- PC 6:00 Classic Gospel on KET 15	10:30– Exercise LH 2:00-Afternoon Stretches _LH 3:30 Monthly Birthday Party 6:30 Letters of Friendships-LH	10:30 Exercise – LH 10:30 Shopping Trip 3:30 Bingo- LH 6:30 Word In Words-LH “Scarecrow ”	10:30 Exercise – LH 11:00 Wordle-LH 1:00 Art with Bea-LH 4:00- Happy Hour -LH 6:30 Puzzle Challenge -LH
27	28	29	30
10:30 Worship Service-SLC 10:30 Catholic Mass - WHAS Channel 11 6:00 Classic Gospel on KET	10:30 Exercise – LH 11:00 Pumpkin Contest- R 2:00 Afternoon Stretches-LH 3:30 Word In Words-LH “Halloween ” 6:30 Board Games-LH	10:30 Exercise – LH 10:30 Shopping Trip 3:30 Bingo- LH 6:30 Shades Of Color-LH	10:30 Exercise – LH 11:00 Halloween Costume Contest-R 2:00 WB Nail Salon LH 4:00- Happy Hour -LH 6:30 Puzzle Challenge -LH

THURSDAY	FRIDAY	SATURDAY	HIGHLIGHTS
3	4	5	 <p>PUMPKIN DECORATING CONTEST</p> <p><i>Cast your VOTE!</i> Monday the 28th @ 11am In the Rotunda</p>  <p>Documentary Series: <i>Haunted Homes</i> Fridays @ 3:30pm</p> <p>Location Key Code</p> <p>AC - Activity Center DR - Dining Room LR - Living Room K - Kitchen PC - Personal Care NF - Nursing Facility LH - Lyndon House R- Rotunda SLC - St Luke Chapel WRE - Westport Road Entrance</p> <p>*Activities Location/ Time Are Subject To Change</p> <p>Attendance Key Code Pink = Passive Blue = Decline Yellow = Active</p> <p>Household Coordinators: Cyndi Kerton – NF Bryan Berman - PC</p>
10:30 Exercise – LH	10:30 Exercise -LH	10:30 Morning Stretches-LH	
11:00 Stories in Mind – LH	11:00 Wordle -LH	2:30 Movie Matinee -LH Resident Choice- Prime TV	
2:00 Pumpkin Painting-LH	3:30 Documentary: Haunted Homes-Episode 1	7:00 Antique Roadshow-LH	
3:30 Bingo & Popcorn-LH	7:00 Wheel Watchers-LH		
10	11	12	
10:30 Exercise – LH	10:30 Exercise -LH	10:30 Morning Stretches-LH	
11:00 Stories in Mind – LH	11:00 Wordle-LH	3:30 Gift Basket Bingo–LH	
3:30 Bingo & Popcorn-LH	2:00 Book Talk w/Cheryl-LH	7:00 CBS 60 Minutes- LH	
	3:30 Documentary: Haunted Homes-Episode 2		
	7:00 Wheel Watchers-LH		
17	18	19	
10:30 Exercise –LH	10:30 Exercise -LH	10:30 Morning Stretches-LH	
11:00 Stories in Mind–LH	11:00 Wordle -LH	2:30 Movie Matinee -LH Resident Choice- Prime TV	
2:30 The Talents of Greg V.- LH	3:30 Documentary : Haunted Homes-Episode 3	7:00 Antique Roadshow-LH	
6:30 Bingo & Popcorn-LH	7:00 Wheel Watchers -LH		
24	25	26	
10:30 Exercise – LH	10:30 Exercise –LH	10:30 Morning Stretches-LH	
11:00 Stories In Mind– LH	11:00 Wordle-LH	3:30 Gift Basket Bingo -LH	
2:00 Resident Council-LH	2:00 Book Talk w/Cheryl-LH	7:00 CBS 60 Minutes -LH	
3:30 Bingo & Popcorn	3:30 Documentary: Haunted Homes-Episode 4		
	7:00 Wheel Watchers-LH		
31	<p>Episcopal Church Home</p> <p>October 2024</p> <p>Lyndon House</p>		
10:30 Exercise – LH			
11:00 Baking in the Kitchen– LH			
3:30 Bingo & Popcorn			