



Parish Health Ministry

Greater Cincinnati Parish Health Ministry Network Meeting

Wednesday, January 23, 2019

11 a.m. to 1 p.m.

(Light lunch included)

“Confidence Instead of Chaos with Dementia”

Presented by: Teresa Youngstrom, RN, CDP

“Mom, I told you that just five minutes ago.”

“Grandma, I can’t take you home, this IS your home”

“I can’t get her to do anything anymore!”

Dementia can bring chaos to a family from which some never recover. There are several techniques that families need to know to keep the peace and have confidence in their caregiving. There will be straightforward and easy to understand facts as well as invaluable tools to help keep the peace to avoid chaos.

Teresa Youngstrom is a Registered Nurse with more than 30 years of Clinical and Leadership experience. She is a Certified Dementia Practitioner with the NCCDP and a Positive Approach to Care (PAC) Certified Independent Trainer. She has extensive experience in the hospital and health care industry and owner of A Better Approach to Memory Care. Her knowledge, hands-on demonstrations, and personal experience will provide you with new tools to use with your clients and/or family members.

Location: Episcopal Retirement Services Corporate Offices
3870 Virginia Avenue, Cincinnati, Ohio 45227
Thomas W. Kahle Conference Room

Cost: Lunch, Program & Contact Hours: **Free to PHM Partners**
Non-partners: \$10.00 (paid at the door)

Please RSVP by Wednesday, January 16th to Rebecca at rschroer@erslife.org
or 513-979-2246.

Register early! Seating is limited.

This offering is approved for 1.0 CE for Nursing and Social Work.

For information about CE credit, please visit <https://www.teresayoungstrom.com/ce-info/>