



YOUTH
MENTAL
HEALTH
FIRST AID



**Sometimes First Aid isn't a
bandage or CPR or calling 911.
Sometimes First Aid is YOU.**

TRAINING

- Is an evidence-based program designed for adults who regularly interact with youth.

- Introduces common mental health challenges for youth, such as anxiety, depression, substance use, disruptive behavior disorders, and eating disorders.

- Will teach you what to do until appropriate professionals and other help can begin.

- Is an 8-hour course taught by certified "Mental Health First Aid USA" instructors.

- Is valued at \$150 per person, however the cost is paid through funding from SAMSHA.

**When: Saturday June 8, 2019
9:00 am – 5:00 pm**

**Where: St. Luke Missionary Baptist Church
2262 N. Gettysburg Ave. Dayton, OH 45406**

**Sponsored by: C. Dean Roberts Holistic Health Ministry, in
collaboration with Mt. Olive Baptist Church – MELT/YMHFA
Project, Dayton, Ohio**

Reserve your seat today with Cynthia Moon!

Please text or leave a message 937.269.4326

Or Email: mooncynthia@ymail.com

Lunch Provided!

**Take the Course
Save a Life
Strengthen Community**