



# Deupree Meals On Wheels

## CARDIAC / DIABETIC THERAPEUTIC MEALS

**513-561-8150**

Site \_\_\_\_\_ Client Name \_\_\_\_\_

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ /\_\_\_\_\_/\_\_\_\_\_ /\_\_\_\_\_ # of Meals Week \_\_\_\_\_ Route \_\_\_\_\_

Submit Date Delivery Date Delivery Day

**NOTE: ALL Therapeutic meals require a doctor's order.  
Please send in your orders 1 week before you need delivery.**

Each Meal includes 1 Half Pint of 1% Milk | NO MILK per client request

Beef & Noodles w/Gravy, Green Beans, Carrots, and Applesauce - NEW <input type="checkbox"/>	Chicken Tikka Masala (spicy) w/Brown Rice, Broccoli and Carrots - NEW <input type="checkbox"/>	c.f. Omelet w/Cheddar Cheese, Red Skin Potatoes, Apple Slices, and Banana Muffin <input type="checkbox"/>
Beef & Rice Stuffed Cabbage Roll w/no salt added Marinara, Peas & Onions, Squash, Pears, and Teddy Grahams <input type="checkbox"/>	Crunchy Cod w/Panko Bread Crumbs, Egg Noodles, Green Beans, Squash, and Pineapple <input type="checkbox"/>	Pork Loin, Brown Rice, Mixed Vegetables, and Fruit Cocktail <input type="checkbox"/>
Cheese Lasagna w/no salt added Marinara, Italian Vegetables, Squash, and Applesauce - NEW <input type="checkbox"/>	Grilled Chicken Breast, Green Beans, Yellow Squash, Peaches, and Cinnamon Teddy Grahams - NEW <input type="checkbox"/>	Rotini Pasta & Meatloaf, Brussel Sprouts, Squash, and Cranberry Juice Cocktail <input type="checkbox"/>
Cheese Pizza on Whole Grain Crust, Peas & Onions, Carrot Coins, and Peaches <input type="checkbox"/>	Homestyle Meatloaf, Sweet Potato Patty, Oregon Blend Vegetables, Fruit Cocktail, and sugar free Cookie <input type="checkbox"/>	Spaghetti & Meatballs, no salt added Marinara Sauce, Green Beans, and Fresh Orange <input type="checkbox"/>
Chicken & Rice w/Gravy, Carrots, Broccoli, and Pears <input type="checkbox"/>	Italian Chicken w/Marinara over Spaghetti, with Italian Vegetables, Peas, and Peaches <input type="checkbox"/>	Turkey Burger (charbroiled), Carrot Coins, and Peas, Applesauce, and White Bread - NEW <input type="checkbox"/>