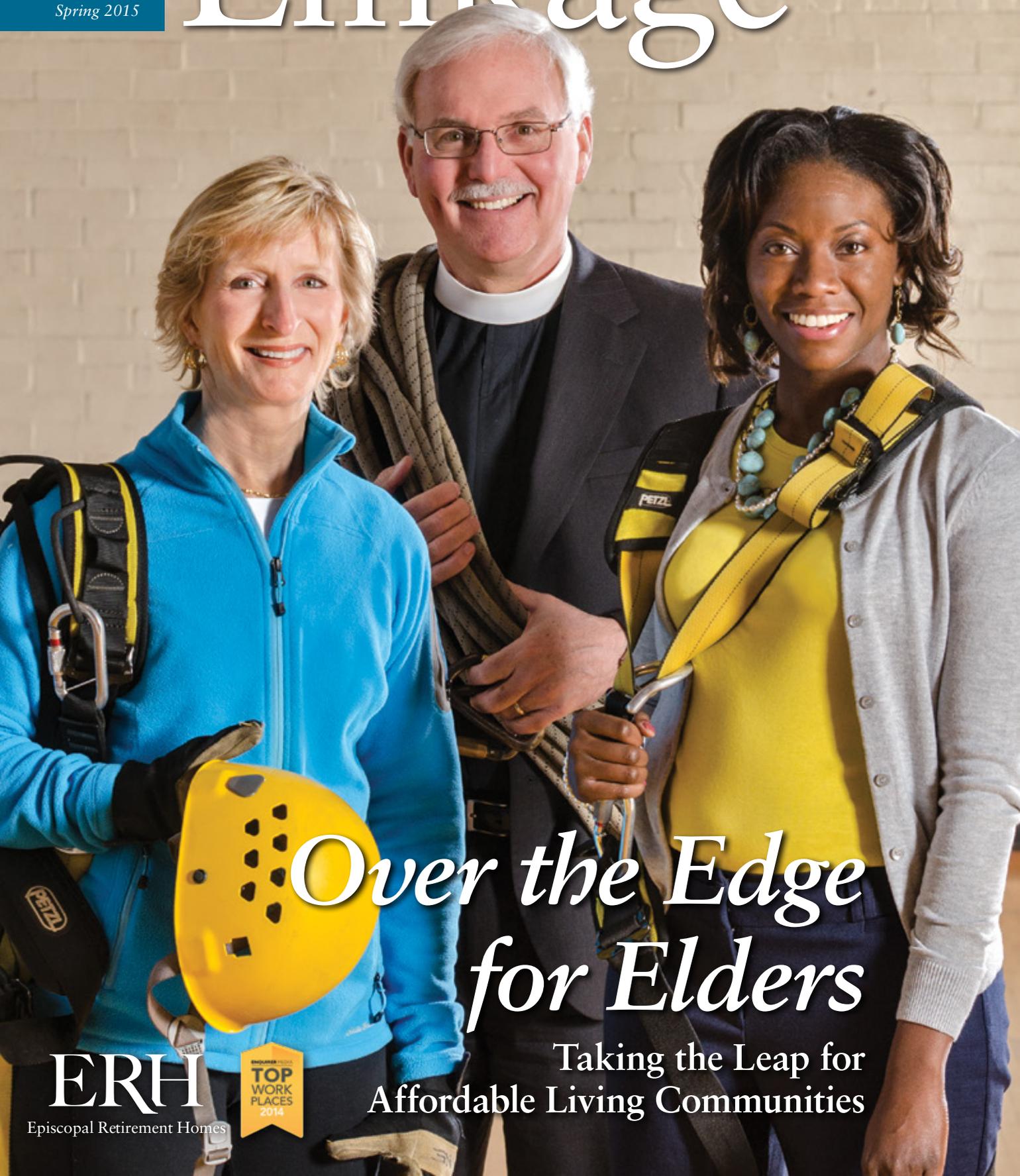




Spring 2015

# Linkage



## *Over the Edge for Elders*

Taking the Leap for  
Affordable Living Communities

**ERH**

Episcopal Retirement Homes



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### ON THE COVER:

From left: Susie Lame, OTE Chair and ERH Board Member; Jack Koepke, OTE Committee; and Donial Curry, OTE Committee.

Photograph by Gary Kessler

## ERH Communities & Services

### Premier Retirement Communities

Deupree House | Marjorie P. Lee

### Affordable Living Communities

Cambridge Heights | Canterbury Court | The Elberon | Forest Square | Green Hills | Parkview Place | Shawnee Place | St. Paul Village | St. Pius Place | Thomaston Meadows | Thomaston Woods | Woodburn Pointe

### Community Services

Deupree Meals On Wheels  
Living Well Senior Solutions  
Parish Health Ministry



## ERH Board of Directors

Robin Smith, Chair

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William C. Knodel, Chair

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### We Welcome Your Comments

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To better serve you, Linkage magazine is available via email and on the Episcopal Retirement Homes website at [www.EpiscopalRetirement.com](http://www.EpiscopalRetirement.com). If you would like to be removed from the Linkage mailing list, please call (513) 271-9610.

### Make A Donation Online

For your convenience, donations are accepted online at [www.EpiscopalRetirement.com/donate](http://www.EpiscopalRetirement.com/donate).

Linkage is a resource to address issues and interests of older adults, providing a link between ERH's programs and the community. Since 1951, Episcopal Retirement Homes (ERH) has dedicated itself to improving the lives of older adults from all faiths through innovative, quality living environments and in-home and community-based services delivered by experienced and compassionate professionals.



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# Heartfelt Expertise

*Marjorie P. Lee is recognized as a CHF Center of Excellence by The Christ Hospital*

*By Kristin Davenport  
Photo by Gary Kessler*

John was a resident in Lee Gardens, the nursing rehab center at Marjorie P. Lee (MPL), and came to us from The Christ Hospital, where he had been admitted for congestive heart failure (CHF). His condition called for a change in lifestyle habits and managing a new diet and routine concerned him. He understood that failing to follow the doctor's plan could mean a return to the hospital.

"I thought it would be too easy to settle back into my old habits," John says. The MPL team went into action to make sure he had the knowledge and tools he needed to successfully return home with confidence.

"The difference for me was the staff at Marjorie P. Lee," John says. "They were here to guide me in making the right choices throughout my day. The nurses at MPL knew my goals and gave me their support."

The care team that helps seniors with CHF was noticed by The Christ Hospital. "We have been recognized as a member of the hospital's prestigious Center of Excellence Network for CHF," says Laura Lamb, Vice President of Residential Housing and



Healthcare for ERH. "This enables our residents to access the hospital's clinically superior and cost-effective health care."

The decision to form this partnership with MPL was based on the outstanding quality of the nursing care, the longstanding reputation in the community and a track record of low readmission rates back to the hospital for patients. These factors were combined with the strong collaborative relationship and high level of communication between the organizations.

"We make the CHF education effective and practical for short-term residents because they live with us for 20 to 25 days," Lamb says. "Together, we are creating new habits. They are weighing themselves each morning, watching fluid and salt intake, eating an appropriate portion size, and they are seeing what a good breakfast, lunch and dinner look like at every meal."

The standards are high, the technology is cutting-edge, and the staff is trained in heart-failure care. "The partnership has been ongoing, and the rigorous evaluation and accreditation process took a year to complete," Lamb notes.

"Treatment requires specialization, and not everyone can take care of heart-failure patients," says Judi Dean, the Director of Nursing at MPL. "We have spent extensive time and effort developing comprehensive care and meal plans and educational materials for staff, residents and their families."

Being part of the CHF Network is another example of the care and service at MPL that residents and their families have come to expect. Future collaborations are likely, and additional specializations are under review. ■

*Left, Jessica Marcum, RN – MPL Care Team Manager; Judi Dean, Director of Nursing at Marjorie P. Lee*

# Meet the Board

The Episcopal Retirement Homes (ERH) Board of Directors makes it a priority to serve the ERH mission: enriching the lives of older adults in a person-centered, innovative and spiritually based way.

“I am a true believer of ERH’s mission,” says Robin Smith, Chair of the Board and former Procter & Gamble IT professional. “I am giving my time and talents to spread that mission to as many older adults in our communities as possible.”

In each issue of Linkage, you’ll meet the dynamic and passionate volunteer Board members who help drive ERH.

*By Whitney Harrod Morris | Photographs by Gary Kessler*



## Margaret Swallow

*Vice Chair for Marketing and Public Relations*

**Occupation:** I retired from Procter & Gamble as marketing director in 2002. I now work as a consultant for Cincinnati Consulting Consortium.

**Areas of expertise:** Marketing training, strategy, planning

**Something people may not know about you:** I volunteer with the International Women’s Coffee Alliance, which helps improve the lives of female coffee farmers in developing countries.

**How long have you been on the Board?** Since January 2015

**Why do you volunteer on the Board?** The ERH mission to enrich the lives of older adults in a person-centered, innovative and spiritually based way is critical for older adults in the Greater Cincinnati area.

**Most rewarding part:** Getting to know the residents of the various ERH communities.

**What do you do in your free time:** My husband and I love movies, particularly U.S. independent and international films.



## Larry Williams

*Member of the Board*

**Board committees he serves on:** Affordable living, finance and personnel

**Occupation:** Chief financial officer for commercial real estate development firm Brandicorp LLC

**Areas of expertise:** The real estate industry (acquisition, development, finance, property management). I'm also a CPA.

**Something people may not know about you:** I volunteer at the Freestore Foodbank, and I've served as the chair of its board for the past two years.

**How long have you been on the Board?** I joined at the beginning of 2015.

**Why do you volunteer on the Board?** The mission and community involvement of the organization really resonate with me.

**Most rewarding part:** The opportunity to meet our residents and hear their stories.

**What do you do in your free time:** I enjoy travel, golf and hiking.



## David Lowry

*Alternate Representative to the Board*

**Occupation:** Retired General Presbyter of the Presbytery of Cincinnati

**Areas of expertise:** Personnel issues, fund development, organizational development, leadership development

**Something people may not know about you:** I initiated the ERH recycling program. I also serve as treasurer of the employee Christmas fund.

**How long have you been on the Board?** I joined at the beginning of 2015.

**Why do you volunteer on the Board?** Several years ago, I was involved with the person-centered care committee. ERH approaches nursing care from the standpoint of the patient rather than from the standpoint of the institution.

**Most rewarding part:** The Board is made up of unusually talented people who donate their time and expertise.

**What do you do in your free time:** Among other activities, I belong to the Marjorie P. Lee Songbirds chorus.



# Over The Edge For Elders

## Taking The Leap For Affordable Living Communities

by Rick Bird / Photographs by Steve Ziegelmeyer & Gary Kessler

*Photo caption: Elders live with security and dignity at our Affordable Living Communities. A weekly yoga class sponsored by Project Yoga, a Cincinnati nonprofit, is an example of the life enrichment at St. Paul Village.*

Signup begins March 25 for those who will be going “Over the Edge for Elders” on June 12 and 13. “Edgers” will rappel down a 10-story building as part of the summer fundraiser for the Episcopal Retirement Homes Affordable Living Communities.

The event will take place at the Central YMCA, where the top six floors are being renovated by ERH into 65 limited-income senior apartments. Organizers project that more than \$200,000 will be raised.

The two-day event kicks off with the ERH annual fundraising BBQ and dinner, CELEBRATE!, where 10 “celebrity edgers” will rappel down the building.

ERH is partnering with Over the Edge, an organization that stages these special, signature events for nonprofit organizations. The events are designed to get communities talking about a good cause tied to a public adventure sports spectacle. The event offers participants a once-in-a-lifetime, supervised chance to rappel safely off a tall building. Those who have taken the leap testify that it can be an empowering experience, not to mention a pretty cool adrenaline rush.

Here’s a look at three of our top edgers who will strap on the ropes and pulleys to take their own unique leap of faith in support of quality, affordable living.

## A Chance to “Toss Your Boss”

Susie Lame is the newest ERH Board Member and one of the first to sign up for the rappelling effort. She agreed to become the chair of the event and is no stranger to taking leaps from tall structures.

“Three years ago, I did a zip line off the roof of the Olympic Stadium in Munich. It seemed like a good idea at the time,” Lame says, who was in Germany on vacation when her husband spotted the attraction. “It was worse climbing up to the roof than rappelling off.”

Lame has explored her artistic side as a painter and has done more volunteer work since selling her monogram and embroidery business. She decided to get more involved with ERH after her parents moved into Deupree House a year ago.

“ERH has done a wonderful job, and when they talked to me about joining the Board, it seemed like a very good place to be.”

Lame has been busy recruiting other edgers and is especially excited about the “toss your boss” category where employees can donate to see their bosses take the plunge. Lame notes that she gets funny looks at first when approaching businesses. “One manager said, ‘You want me to rappel off a building, and for me to pay you to do it!?’ He did eventually sign up.”

Lame says her parents were split on the idea. “I told them I need to raise \$1,000. My dad said, ‘I’ll give you a thousand.’ My mom said, ‘I’ll give you a thousand not to do it.’”

Lame admits her physical activities of choice are more grounded, such as walking and playing golf or tennis. She’s finding that most people she contacts are leaping at the chance to do this.



**Susie Lame**

*OTE Chair and ERH Board Member*

## A Leap of Faith

The Reverend Canon Jack Koepke confesses to some initial reluctance to go “over the edge.” As he puts it, “I don’t know that it was on my bucket list, but I’m going to put it on there now and get extra bucket credit.”

Koepke says his rappelling and rock-climbing experience has been limited to “climbing on indoor walls and that’s about it.”

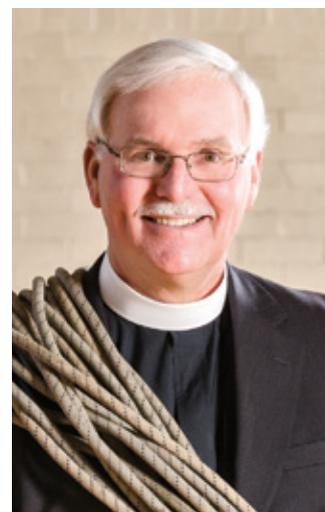
He notes that his faith in tall buildings has been questioned as he asks people to support his effort. “They have asked the profoundly theological question, ‘What were you thinking when you said yes?’”

Koepke, the Canon to the Ordinary for the Episcopal Diocese of Southern Ohio, says he is glad to represent the church in his role as the assistant to the bishop in supporting ERH affordable housing for seniors.

While ERH is a separate, independent entity, not formally or corporately tied to the diocese, Koepke says the church maintains a supportive and cordial relationship with ERH. Koepke witnessed the ERH Affordable Living mission several years ago when he was a rector at St. Paul’s in Dayton, and his congregation began a relationship with ERH’s Canterbury Court.

“I saw then that it was a terrific organization that does amazing things for people. They do a rewarding ministry that we in the Episcopal diocese want to support.”

Koepke says he probably will not look down when he rappels down the building, but will be thinking about the ERH mission. “Just mention to me as I am going off the edge that this is something I really wanted to do.”



**Jack Koepke**

*OTE Committee*

## An Advocate for Elders

For Donial Curry, this leap is no sweat. “My dad’s a roofer,” Curry explains. “I’m completely comfortable on top of high buildings.”

As a teenager, Curry often climbed up a ladder to help her dad out or bring him lunch on the job. “I was never afraid of heights,” she says. And she is no stranger to rappelling, experiencing it on a recent vacation to Cancun.

Curry, a 2014 graduate of Miami University, joined ERH fund development for an internship last summer and she saw first-hand the work being done to help seniors.

“I was blown away by the care ERH has for all in its communities, especially the extra amenities ERH has in its limited-income housing. I left my internship and said, ‘If you ever need me, I would love to help out.’”

Curry now works as the annual fund coordinator at Wilberforce University. She enjoys having a chance to combine her love of adventure with her strong belief that young people should give back to the community.

“It’s important for a young professional like me to be involved and have a cause and be an advocate,” Curry says. “It’s important to show you are out in the community and you care. You never stop learning and stepping outside your comfort zone and boundaries no matter how old you are.” ❖

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*Over the Edge for Elders is June 13 at the Central YMCA. To sign up or donate to the effort, visit [www.OTE4ELDERS.org](http://www.OTE4ELDERS.org) or contact Maureen Gregory at (513) 272-5555 ext. 4292 or email [mgregory@rhinc.com](mailto:mgregory@rhinc.com)*



**Donial Curry**  
*OTE Committee*

## ERH Offers Affordable Housing With An Edge



*Maureen Gregory*

A major fundraising goal for Episcopal Retirement Homes has been to ensure that support services are fully funded at its Affordable Living Communities. The effort is essential now that ERH has an expansion goal of operating 30 limited-income senior residences by 2020.

The “Over the Edge for Elders” rappelling fundraising event in June and the annual CELEBRATE! dinner and BBQ are important sources of funds, according to Maureen Gregory, ERH Fund Development Manager.

“As we expand,” Gregory says, “we need to triple our annual fund to have the money available to operate these support services. All of our limited-income senior communities will have extra services.”

The ERH model goes well beyond the HUD requirement of “safe and sanitary” senior housing. ERH services include a myriad of amenities at the core of quality-of-life issues that include fitness, entertainment, spiritual and intellectual activities, computer availability and training, lending libraries and transportation.

Over-the-Rhine and downtown business leaders will see Parkway Place at the Central Y as an important development for the neighborhood and support the fundraising effort. U.S. Bank and Model Group are leading the way as our top sponsors.

“One in four Ohio seniors live in substandard housing,” Gregory says. “For every apartment that becomes available, there are 10 seniors who are qualified. There is a housing crisis that is coming, and ERH is making a difference.” ❖

## Dear Friends,

How do you define success? Patti Thor, speaker, author and entrepreneur has said, “It’s not that successful people are givers; it is that givers are successful people.” Our Board of Directors, senior leadership, staff, residents and volunteers are living out this idea every day through their efforts in our communities.

For ERH, thanks to this incredible team, 2014 was a success by every measure. We can report a solid year of great results: growth, service enhancements, financial strength, innovation and positioning our organization for the future. As it has been in the past, our mission and core values will be the driving forces in our daily work as we help those we serve *live well into the future*.

As the overall economy grew in 2014, we experienced even stronger demand for our services, which was reflected in our strong financial performance.

Other notable accomplishments for 2014 include:

- Earned Top Workplace award fifth year in a row
- Created a new website to provide a better user experience
- Selected for participation in the Medicare bundled payment pilot study
- Recognized by The Christ Hospital as an accredited member of its Heart Failure Network
- Expanded Affordable Living Communities with seven projects in development
- Completed a successful pilot study for Saïdo, our innovative memory-support therapy program

We are committed to enriching the lives of the elders we serve and to supporting their families. There is no doubt that health care in this country is undergoing a historical transformation that will impact us all. ERH is already on the forefront of this change, and it is our goal to continue to lead the market with innovative, cost-effective services that provide better outcomes for the population we serve. As always, this is possible only because of the dedication, compassion and hard work from all the talented people associated with the ERH family. Thank you again for all that you do.

Sincerely,



Robin O. Smith  
Chair, ERH Board of Directors



R. Douglas Spitler  
President and CEO

# 2014 Overview and Financial Report

## Balance Sheet

For the years ending December 31, 2014 and 2013

Assets	2014	2013
Current Assets	\$17,923,039	\$15,433,292
Marketable Investments	\$31,830,850	\$28,869,848
Fixed Assets	\$92,124,646	\$100,967,848
MPL Endowment	\$21,420,580	\$21,582,150
Intangible Assets	-	\$10,800,000
Other Assets	\$16,854,230	\$7,231,694
<b>Total Assets</b>	<b>\$180,153,345</b>	<b>\$184,884,832</b>

Liabilities	2014	2013
Current Liabilities	\$8,495,306	\$13,840,631
Unamortized Entrance Fees	\$18,052,600	\$15,259,991
Long-Term Debt	\$43,038,328	\$45,038,953
Other Liabilities	\$7,421,436	\$3,584,117
<b>Total Liabilities</b>	<b>\$77,007,670</b>	<b>\$77,723,692</b>

Net Assets	2014	2013
Permanently Restricted	\$23,881,481	\$21,661,433
Temporarily Restricted	\$601,473	\$355,881
Unrestricted	\$78,662,721	\$67,510,084
<b>Total Net Assets</b>	<b>\$103,145,675</b>	<b>\$89,527,398</b>

<b>Total Liabilities &amp; Net Assets</b>	<b>\$180,153,345</b>	<b>\$167,251,090</b>
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Total Individuals Served /  
Contacts Made

11,857

Parish Health Ministry\*

677

Affordable Living

51

Assisted Living

293

Independent Living

45

Living Well Senior Solutions

294

Deupree Meals On Wheels

287

Nursing Care

13,504

Total Individuals Served

\*Contacts made through  
health screenings, referrals  
and other activities

**Condensed Statement of Revenue and Expenses**  
*For years ending December 31, 2013 and 2014*

	2014	2013
Operating Revenue	\$35,403,391	\$33,743,006
Operating Expense	(\$40,077,212)	(\$34,980,495)
Net from Operations	(\$4,673,821)	(\$1,237,488)

	2014	2013
Non-Operating Revenue	\$8,233,062	\$8,335,499
Limited Partner Equity	\$2,919,575	(\$8,335,499)
Total Change in Net Assets	\$11,152,637	-

**2014 Contributions and Commitments**

**\$575,000**

*Good Samaritan Mission  
Annual gifts*

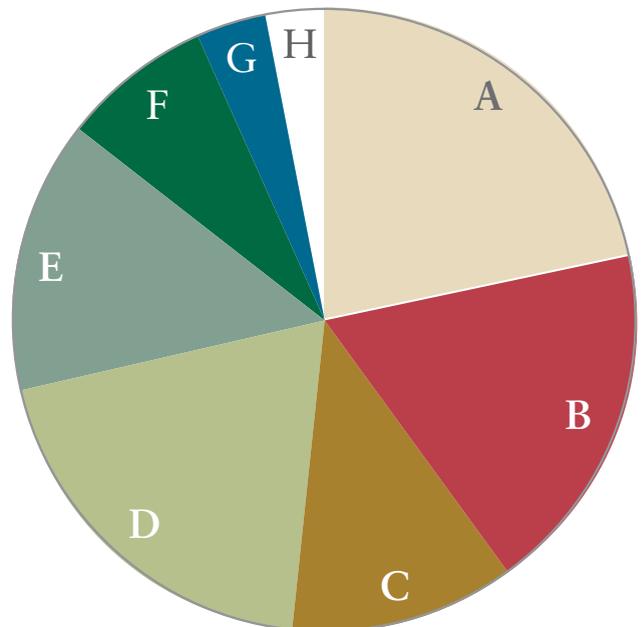
**\$1,643,235**

*Realized and Newly Committed  
Planned Gifts*

**2014 Ministry Costs**  
*For the year ending December 31, 2014*

Ministry Item	2014
<b>A</b> - Parish Health Ministry	\$146,000
<b>B</b> - Affordable Living	\$122,000
<b>C</b> - Spiritual Care	\$77,000
<b>D</b> - Volunteer Coordinators (including Affordable Living)	\$133,000
<b>E</b> - Staff Assistance, Partners In Care fund, LWSS	\$94,000
<b>F</b> - Meals On Wheels	\$51,000
<b>G</b> - SAIDO Tuition Assistance	\$24,000
<b>H</b> - Community Outreach	\$20,000
<b>Total Ministry Costs</b>	<b>\$667,000</b>

**2014 Ministry Costs**



*This condensed financial information was extracted from the 2015 Episcopal Retirement Homes, Inc. financial statement, a copy of which is available in the president's office.*

# 2014 Ministry Report

As a mission-centered, nonprofit organization, we go above and beyond to give and to serve. It is our privilege and responsibility to benefit communities that we serve. This report is an annual account of both statistical and anecdotal evidence that demonstrates how our mission has been carried out.



Left, Estelle Topmoeller, Marjorie P. Lee resident with Sierra Sherman, Administrative Manager



Left, Pierce Matthews, Deupree House Resident with John Parker, Residential Service Director

## FINANCIAL ASSISTANCE

The mission and ministry of ERH actively supports elders in our care and staff members who serve them. Direct financial support is offered to meet a wide range of financial needs through the Partners In Care fund and other funds; some examples are listed below.

Aid is offered to residents without means to pay for SAIDO Learning, a memory-support therapy. SAIDO, offered at Marjorie P. Lee, is a non-pharmaceutical intervention that is proven to improve or slow memory loss among adults with cognitive impairment. One resident's family expressed that the therapy helped their mother "blossom into all that God wanted her to be." Staff members in need are aided through tuition reimbursement or through the Staff Emergency Fund. The ERH Partners In Care fund is used to help residents receive daily living items and services not covered by

government programs or insurance such as hearing aids, eyeglasses and dentures. When a resident at St. Paul Village needed to travel to Atlanta for follow-up appointments after surgery, the ERH Partners In Care fund stepped in to assist with travel expenses. The coordinator worked with the lodging company to have the resident's stay billed to the Partners In Care credit card. With this assistance, the resident was able to travel to Atlanta and keep his medical appointments.

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<i>Resident Financial Aid</i> .....	<b>\$986,000</b>
<i>Staff Tuition Assistance</i> .....	<b>\$77,404</b>
<i>Partners In Care fund (41 residents)</i> .....	<b>\$11,852</b>
<i>Staff Emergency Fund (14 staff)</i> .....	<b>\$1,692</b>
<i>Living Well Senior Solutions Assistance</i> <i>(21 residents )</i> .....	<b>\$3,225</b>
<i>SAIDO Learning Assistance (7 residents)</i> ..	<b>\$24,000</b>

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**AFFORDABLE LIVING**

ERH is proud to offer subsidized affordable senior living communities that provide a variety of options and services not often found in communities for limited-income seniors. We believe older adults deserve to live with dignity and enjoy life in a safe and supportive community regardless of their financial situation. All of our communities offer activities, transportation, care coordination, spiritual services and wellness programs. Morning coffee gatherings, spiritual services, bus trips, exercise programs and more offer something for everyone to enjoy.

At Shawnee Place in Springfield, residents and volunteers organized a craft show during the Holiday in the City event and raised \$500 for their resident council. Volunteers from six area high schools came to St. Paul Village in Madisonville seeking service hours and stayed after graduation to serve residents.

At Canterbury Court, the Dayton Public Library offered a six-week iPad Education class to seven residents. Canterbury offers other classes that inform on health and wellness for mind, body and spirit.

Health services at most of our communities aid the residents and uncover a variety of concerns. Clinical services such as podiatry, dentistry and vision care are offered at many of the communities by local doctors.

Residents can stay active and involved by helping in the community with gardening, joining an Alzheimer’s Walk or “Crocheting for a Cause.”




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<i>Residents</i> .....	<b>677</b>
<i>Communities</i> .....	<b>9</b>
<i>Communities in Development</i> .....	<b>9</b>
<i>Cost of Services For Residents</i> <i>(Not Funded by HUD)</i> .....	<b>\$122,000</b>

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**COMMUNITY OUTREACH**

In 2014, ERH made donations to other nonprofits including the Alzheimer’s Association, Episcopal Community Services Foundation, Caring Place Toy Drive, Working in Neighborhoods, LeadingAge Ohio, Hyde Park Center for Older Adults and others.

The Council for Life Long Engagement is an action learning program aiming to create positive interaction between grade school students and elders with a long-term mission of eradicating ageism. Eight retirement communities around the country have implemented the program, and it will soon be international. CLLE partners locally with Nativity School, St. Mary’s, Mt. Notre Dame High School, Kilgour and St. Cecilia.

Deupree House Outreach Committee, in partnership with a Mount Notre Dame senior, donated more than 5,000 pill bottles to Matthew 25: Ministries to distribute medicine in developing countries. The group also helps Friends of the Groom, a local theatre company, by stuffing envelopes with promotional material.

The Marjorie P. Lee residents donated more than 475 knitted hats to Crayons to Computers. St. Paul’s Episcopal Church in Martins Ferry, Ohio, hosted a Christmas party for the community. The donated gifts brought joy to many, and each child received Christmas gifts. This year, \$650 in monetary donations and hundreds of gifts were delivered to Martins Ferry, an area of the Episcopal diocese that needs an expression of the true meaning of Christmas.

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<i>Total donations to other Community</i>	
<i>Nonprofits</i> .....	<b>\$20,000</b>
<i>CLLE Encounters</i> .....	<b>40</b>
<i>Students Involved in CLLE</i> .....	<b>459</b>
<i>CLLE Volunteer Hours</i> .....	<b>112</b>

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*Residents of St. Paul Village stay active in the fully equipped fitness center.*



*Betsy Babb, right, provides a blood pressure check to a parishioner at Episcopal Church of the Redeemer.*

**PARISH HEALTH MINISTRY (PHM)**

PHM extends our mission and ministry outside the walls of the retirement communities. Working with 72 churches in the region, PHM coordinators encourage congregations to renew their role in health care through advocacy, education and wellness programs.

St. James of the Valley Catholic Church in Wyoming was one of the first partners with PHM when the program began in 1998. They have continued to be an active ministry over the years and in 2014 made 1,139 contacts through visits, prayer shawls and other ministries.

The bereavement team at St. James, in partnership with health ministry, began using the Journeying Through Grief program provided by ERH Parish Health Ministry and reported very positive feedback from their parishioners.

**LIVING WELL SENIOR SOLUTIONS (LWSS)**

LWSS serves seniors and family members with the goal of enabling quality living to prevail over life’s challenges. Through a process of addressing personalized solutions, LWSS minimizes the chance of a crisis situation. Our vision isn’t limited to a client’s medical needs, also it works with clients to ensure that the individual’s goals for aging well are being met. For two clients, these goals involved world travel.

Bill traveled in Europe extensively in his career and early retirement years. In 2013 his travel plans included a transatlantic cruise on the Queen Elizabeth II. In 2014 he spent three weeks touring through Switzerland with a stop in Venice, Italy.

Betty enjoyed a wonderful weeklong trip to visit family in California. She enjoyed shopping, eating at her favorite restaurants and visiting museums with her grandchildren.

Life doesn’t stop because a client has collected a few problems. Having a LWSS Care Manager to assist with planning makes traveling not only possible, but a joy!

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Total Contacts.....	35,572
Volunteers.....	521
Hours of Service.....	14,779
Referrals.....	759
Blood Pressure Screenings.....	5,022
Cost of Program.....	\$192,905
Funded through Grants and Contributions.....	24%

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Contacts.....	45
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**DEUPREE MEALS ON WHEELS**

With Deupree Meals On Wheels, ERH provides older adults throughout Cincinnati with warm, nutritious meals delivered to their homes. More than 380 meals are delivered per day by compassionate and caring staff and dedicated volunteers. Our volunteers provide the crucial social contact to supplement an elder’s family support and for those elders who would otherwise become isolated.

It is challenging for families when elders want to stay in their homes beyond the time they can care for themselves without assistance. Meals On Wheels has helped families by wrapping services around the homebound. One client was not eating, and her family was concerned that she needed to move from her home. When Meals On Wheels started delivering and making daily contact, the woman began to eat and was able to remain at home. Volunteers deliver more than a hot meal, they provide warm conversation and sometimes a warm blanket made by Deupree House residents.



*Joan Rohde*

One volunteer, Joan Rohde, has been delivering Meals On Wheels for 38 years. She loves the sense of purpose she derives from interacting every week with her homebound clients. For some, Joan is their only point of outside contact, and she sees how they look forward to her visit and delivery every

week. Joan sees the impact from her work. Her goal is to keep delivering Meals On Wheels for a total of at least 40 years, and as she says, “And many more, God willing!”

**VOLUNTEERS**

ERH volunteers generously donate thousands of hours of their time and talents each year. They help with tasks ranging from delivering meals to teaching a class. Volunteers are found among the good Samaritans in the community, residents’ family members, as well as our own residents and staff. The ERH Board of Directors is also incredibly involved and dedicated. The Board volunteered a combined 1,994 hours throughout 2014.

This generation of ERH residents has been giving back to their communities since they helped their parents plant Victory Gardens. They’ve fought social injustice, they’ve eased suffering, and they’re not about to stop now. Residents of ERH are delighted to discover not only that they don’t have to stop, but that volunteerism is encouraged here. “Volunteering is fun; I think maybe I’m selfish,” says Grace Ulm, Marjorie P. Lee resident and volunteer who transports fellow residents to and from their memory-care therapy. “Maybe instead of volunteering, I’m just enjoying myself.”

While St. Paul Village (SPV) has more than 200 volunteers from the community, the SPV staff and residents took notice of one resident and recognized him for his commitment to their recycling program. Every morning George Dinkel collects the recyclables from all five buildings and takes them to the recycling dumpster. What an example of enriching the community where you live!

The ERH staff members volunteer their time beyond work tasks in many ways each year. This summer, a small army of volunteers transported the residents of Amstein House from Marjorie P. Lee to Hyde Park Square for some delicious Graeter’s ice cream. The parade of wheelchairs stretched for blocks, turned heads and stopped traffic. Thanks to our staff volunteers, residents enjoyed a cool treat and a bit of sunshine on a warm afternoon.

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<i>Total Meals Served</i> .....	<b>76,679</b>
<i>Volunteers</i> .....	<b>80</b>
<i>Clients Served</i> .....	<b>294</b>
<i>Neighborhoods</i> .....	<b>25</b>
<i>Department of Agriculture Audit Score</i> .....	<b>100%</b>
<i>Council On Aging Audit Score</i> .....	<b>100%</b>
<i>Board of Health Audit Score</i> .....	<b>100%</b>

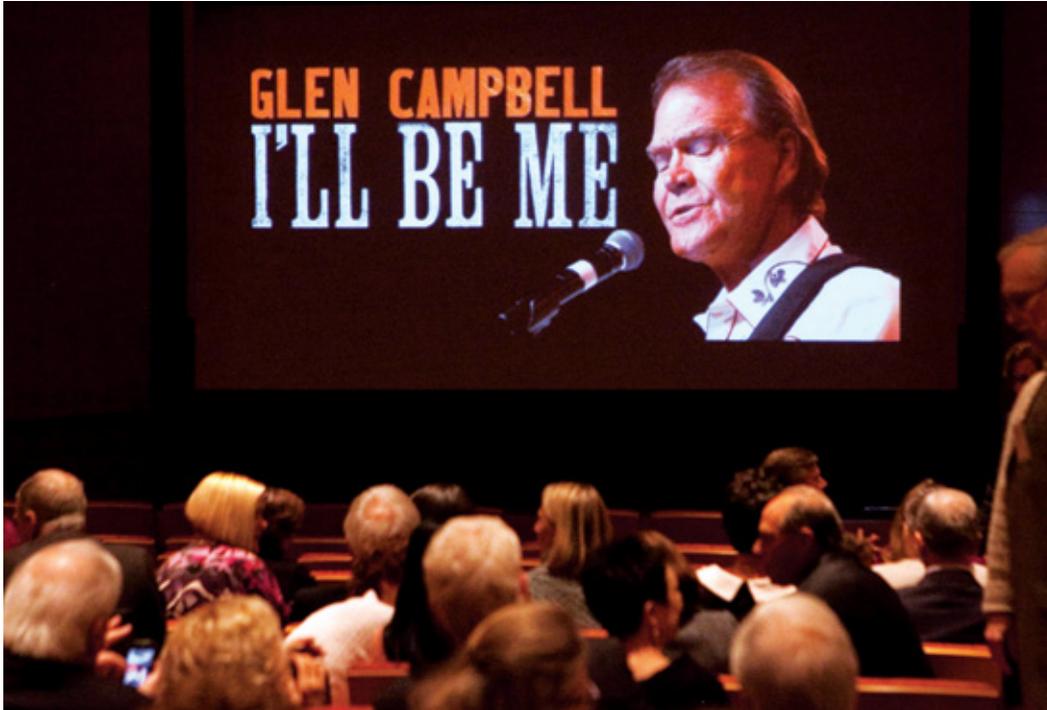
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<i>Hours Volunteered at ERH Communities</i> ....	<b>15,673</b>
<i>ERH Board of Directors Volunteer Hours</i> .....	<b>1,994</b>
<i>Total ERH Volunteer Hours</i> .....	<b>19,037</b>
<i>Calculated Cost If Volunteers Were Paid..</i>	<b>\$609,975</b>

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A VIP reception and screening of “Glen Campbell— I’ll Be Me” was hosted at the Cincinnati Art Museum.

**COMMUNITY EDUCATION**

ERH staff often share their expertise on a variety of senior living topics with community organizations and groups across Greater Cincinnati and Southern Ohio.

ERH, in partnership with the Alzheimer’s Association – Greater Cincinnati Chapter, hosted private screenings of the award-winning documentary “Glen Campbell—I’ll Be Me” to draw attention to the challenges we all face in the battle against Alzheimer’s disease. Glen Campbell and his family set an example, and the movie brings home the idea that those who are stricken are not completely lost. ERH remains on the forefront of dementia care and is piloting exciting non-pharmaceutical therapies that show promising results. ERH offers memory-care services at its Marjorie P. Lee and Deupree House communities.

Guests Attending “Glen Campbell— I’ll Be Me” Screenings..... 390

The sold-out crowd at the Parish Health Ministry event “Refresh Your Soul” was inspired to learn more about health as it relates to spirituality. More than 500 conference-goers heard the messages of two speakers including the keynote speaker Eben Alexander, M.D., and Richard Johnson, Ph.D. Alexander, the author of “Proof of Heaven” touched their hearts and encouraged the faith of so many people and Johnson, the second speaker, challenged attendees to consider their spiritual strengths. Both presentations encouraged attendees to embrace life’s struggles as part of our journey.

*Total Reached through Community*

<i>Education .....</i>	<b>2,255</b>
<i>Speakers Bureau &amp; Other Events.....</i>	<b>523</b>
<i>Deupree House &amp; MPL Events.....</i>	<b>951</b>
<i>Refresh Your Soul Event .....</i>	<b>528</b>
<i>Students Reached Through Educational Affiliations .....</i>	<b>253</b>

If you would like to support our mission in 2015, your gift—financial or otherwise—is always appreciated. For more information on how you can help shape ERH’s ministry, contact Diane Decker, Director of Fund Development, at (513) 272-5555 ext. 4283 or visit our website at [corporate.episcopalretirement.com/charitable-giving](http://corporate.episcopalretirement.com/charitable-giving).

# 2014 Community Partnerships

As part of its mission to improve lives, ERH actively develops and supports ministries that benefit thousands of individuals each year. To request a copy of the donor list in print, please contact the Fund Development office at (513) 272-5555 ext. 4283.

## Foundation Partners

The Cincinnati Foundation for the Aged

H.B., E.W & F.R. Luther Charitable Foundation

John A. Schroth Family Foundation

PNC Foundation

Rindsfoos Foundation

Cambridge Rotary Club Foundation

The Kuntz Foundation of the Dayton Foundation

Ohio Capital Impact Corporation: Carol Mount Peterson Resident Development Fund

Walter A. Pfeifer Foundation

## Organizational Partners

### Gifts of \$5,000 and above

Black Stone Group, LLC

Episcopal Diocese of Southern Ohio

Henkle Schueler & Associates

Lutheran Benevolent Society

Medpace

Model Group, Inc.

Ohio Capital Corporation for Housing

PNC Financial Services Group

U.S. Bancorp Community Dev. Corp Tax Credit Investment

### Gifts of \$2,500–\$4,999

Calvary Episcopal Church

Christ Church Cathedral, Cincinnati

Colgate-Palmolive

Episcopal Church of the Redeemer, Cincinnati

Gallagher SKS

Multi-Craft

Premiere Vending, Inc.

Ridge Stone General Contractors

Rotary Club of Cambridge, Ohio Foundation

Skilled Care Pharmacy

### Gifts of \$1,000–\$2,499

Bahl & Gaynor Investment Counsel

Church of the Good Shepherd, Cincinnati

Cincinnati Health Care Associates

Cleriti

Collier Nursing Services

Cors and Bassett

DeBra-Kuempel

Frost Brown Todd LLC

Graydon Head & Ritchey, LLP

Gwen Mooney Funeral Home

Healthcare Advisory Network LLP

Hyde Park Community United Methodist Church, Cincinnati

J.J. Detweiler Enterprises

Locey, Cecil & Associates

Millenium Business Solutions

NextStep Networking, Inc.

P.I.P.E. Inc

Pinnacle Financial Advisors LLC

Planes Moving & Storage

Plante Moran, PLLC

RDL Architects

Schwab Charitable Fund

St. Andrew's Episcopal Church

St. George's Episcopal Church, Dayton

St. Mark Episcopal Church, Dayton

St. Paul Lutheran Church

St. Paul's Episcopal Church, Oakwood

St. Thomas Episcopal Church, Terrace Park

Venue Magazine

Ziegler Senior Living Finance

# Living Legacy Society

ERH recognizes those who have made legacy gifts to our organization, an ERH program or community.

Anonymous (2)	Mrs. Phyllis S. Hopple	The Rev. and Mrs. William E. Rathman
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Mrs. Ellen A. Berghamer	Kathy and Tom Kahle	Mr. and Mrs. Paul J. Scheper
Mr. and Mrs. Jon B. Boss	Harry Kangis and Julia Hawgood	Elizabeth C.B. and Paul G. Sittenfeld
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	Sue and Tom Pontius	

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*Legacy gifts include bequests, charitable gift annuities, charitable trusts, gifts of real estate, life insurance or retirement assets. For more information or to make a correction to the list, please contact Episcopal Retirement Homes Fund Development office at (513) 272-5555 ext. 4224.*

## Donor Spotlight

## Robert LaShelle



**Y**ou would never guess how Robert LaShelle arrived at Marjorie P. Lee 10 years ago: flat on his back, as he describes it. With the care and support he received at his new home, he endured surgeries and worked hard in rehab to become the picture of health he is today. “The staff here is wonderful, all of them,” he says. “Sometimes I ask ‘where do you find all these happy people?’”

A native of Nebraska, the only thing he misses about his home state is SNOW! “I love snow, and we don’t really get a good snowfall here.” He arrived in Cincinnati in the 1960s for a successful career in merchandising with Pogue’s Department

Stores. He worked downtown and then became the manager of the Pogue’s store in Kenwood, located on the site that is now Nordstrom’s. He later joined Coldwell Banker Real Estate and earned a membership in their Million Dollar Club.

Now in retirement and very involved with his church, Christ Church Cathedral, he gets a healthy workout in the fitness center three times a week and finds many ways to be involved. As chairperson for the Dining Services Committee and for the Christmas Fund for Employees, he plays a role in making his home a great place to live. He describes Marjorie P. Lee as a five-star hotel. “All elders should live like this, and by giving to Marjorie P. Lee and ERH, this place will continue on for others.” He has generously made ERH a beneficiary of his IRA in his estate plan. We are delighted that Mr. LaShelle uses his energy and talents to make his community even better, and we very much appreciate his legacy of giving.

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*For more information, contact Diana Collins at (513) 272-5555 ext. 4224, [dcollins@erhinc.com](mailto:dcollins@erhinc.com), or visit online at [EpiscopalRetirement.com](http://EpiscopalRetirement.com). All gifts are tax-deductible to the extent provided by law.*

# ERH

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Doug Spittler, CEO

“Society today has discounted older adults instead of respecting and honoring them. Someone needs to step up and set an example and I do that through my giving.”

Consider a planned gift, a bequest, a charitable gift annuity or making ERH a beneficiary in a trust to make it possible for us to continue helping older adults live well into the future.

Please contact Diana Collins at (513) 272-5555 extension 4224  
or by email at [dcollins@erhinc.com](mailto:dcollins@erhinc.com).

# ERH

Episcopal Retirement Homes