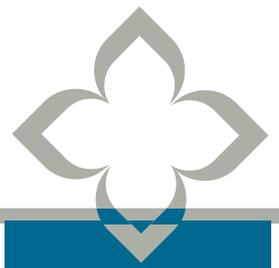


Master Plan Updates

Information related to our upcoming renovation



Keeping our residents informed about the Master Plan is a top priority.

Memory Support Opportunities—SAIDO

The cornerstone of our suite of memory support services, SAIDO will be one of the therapies offered in the Memory Support households on the fourth and fifth floors in addition to the Amstein House. SAIDO is a non-pharmacological treatment that has been shown to improve the symptoms of dementia. Episcopal Retirement Homes is the only community in our area to offer this exciting program.



We have seen residents respond positively to SAIDO. One lady was quiet and rarely offered her opinion. After a few months of SAIDO, she began to strongly voice her opinion on what she did and did not want to do.

Another had reached the point in her life where she spoke very little. One day she was complimented on her hair cut and was told it was “short and sassy.” She responded by running her fingers through her hair and saying, “Yea, short and sassy, just like me!” Her daughter was amazed and shared that she too had noticed her mother had been more talkative lately.

SAIDO consist of simple math and reading both done aloud. In addition there is a number board on which numbered chips are matched to coordinating numbers. Scientific research shows the prefrontal cortex of the brain which is most effected by dementia is most stimulated when these simple tasks are performed aloud.



While SAIDO is not a cure for dementia, it certainly is helping to improve the lives of our residents participating in the program.