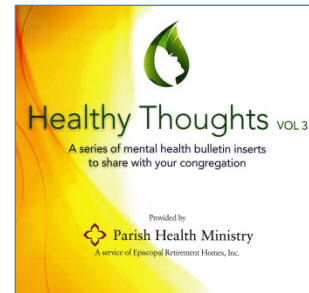


Healthy Thoughts – Volume III

In keeping with ERH Parish Health Ministry's (PHM) 2015 focus on Mental Health, we are happy to announce the kick-off of our latest volume of "Healthy Thoughts," which is devoted to mental health topics. Volume III is an extension of this successful PHM program, which consists of a collection of short articles addressing a variety of health topics. Similar to the first two volumes, the program binder will contain articles in full and half-sheet formats that can be inserted into a church bulletin or newsletter and a CD containing digital copies of all the articles in the volume. For this volume, we have been blessed with several talented authors who provide thoughtful and helpful information for the benefit of congregation members and associates served through our partnerships.



For more information or to request a program binder and CD, contact your coordinator:
Jeanne Palcic at jpalcic@erhinc.com;
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