

Featured Community Resource: Lindner Center of Hope

If you are, or someone you love is, suffering with a mental illness or addiction, it is important that you know you are not alone. There is help and



there is hope. Resources in the community are available for support and treatment. It starts with a simple phone call. The Lindner Center of HOPE is one such community resource. It is a nonprofit, mental health center in Mason, Ohio staffed by a diverse team, united in the philosophy that by working together, they can best offer hope for people living with mental illness. The treatment experience at Lindner Center of HOPE is unlike other psychiatric hospitals and treatment centers.

Lindner Center of HOPE offers a unique and effective treatment experience. Not only do patients benefit from the expertise of physicians and doctorate and masters level professionals, positive outcomes achieved at the Center are maximized by the inclusion of the patient and family as part of the treatment team. The patient and family are at the center of treatment, education and research. A wide range of services are available including acute inpatient care, where the needs of adults and seniors are addressed on two separate adult units, residential services, and office-based outpatient appointments. A specialized treatment team also cares exclusively for adolescents age 12 to 17 in the Cincinnati Children's unit there.

Staff members are committed to collaboration between family, clinicians, and other care-givers (as appropriate) to improve diagnostic accuracy, maximize treatment planning, enhance the continuity of care, ease transitions and ultimately improve patient outcomes. By keeping patients and families first, Lindner Center of HOPE seeks to treat the whole patient as part of a larger family unit. Each patient's situation and journey is unique, therefore treatment is tailored to address specific symptoms and underlying causes. This approach addresses the individual spectrum of needs that each patient presents. It is only after a thorough diagnostic process and interaction with the family, that the multidisciplinary team will make recommendations for treatment.

A unique resource offered as part of treatment is their *Faith Center* where spiritual care professionals compassionately affirm the dignity and value of each individual and honor the right of each faith group to embrace its ideals and traditions, including religious diversity. Uniquely designed, the Faith Center offers a tranquil atmosphere to enhance the essential spiritual care provided for patients and their families. Their goal is to meet the spiritual needs of all patients as they journey towards recovery. According to the Lindner Center, over 200 research studies have shown that a religious commitment is associated with better physical and

functional status, reduced extent of psychopathology, greater emotional well-being, improved coping, strengthening of social supports, overall health enhancement, prevention and survival.

For additional information contact, Lindner Center of Hope, 4075 Old Western Row Rd, Mason, Ohio 45040, 513-536-HOPE (4673), lindnercenterofhope.org.